ADESA WINNIPEG
HAGGLE NO MORE!
YOU SET THE PRICE, WE SELL YOUR RIDE. IT'S THAT EASY.
7 Receive an offer in seven days or less – guaranteed!
CALL US AT 866.948.9049
VISIT ADESAPUBLICAUCTIONS.CA

Winnipeg metro

Your essential daily news | WEEKEND, JULY 8-10, 2016

SCIENCE SAYS
Getting to know Jupiter

High 25°C /Low 15°C Partly cloudy

High hopes for new pot shop

MARIJUANA

Owner doesn't expect trouble from police

Braeden Jones
Metro | Winnipeg

Winnipeggers green with envy over the lack of marijuana dispensaries sprouting up as they have in other cities can finally chill as there's a new pot shop in town.

It's not going to have cannabis products on site, but after its soft launch Friday, Weeds Glass and Gifts will begin signing up legal clients to order marijuana medicine on their behalf.

Owner Don Brier said the new store at 52 Adelaide St. in the Exchange District will be a headshop, an education centre and intermediary between cannabis users and suppliers.

"We educate people, this is what we do," Brier said. "We are in the business of giving people knowledge … and pot."

Brier explained that anyone with "proper identification, and a proper medical prescription" will be able to sign up as a member to receive marijuana.

"(Then) what we do is a mail order, and that's how we are going to deal with it for the moment," he said. "This is like craft pot."

The product on offer — the organic kind, not the glass kind — will come from licensed producers and personal production licensees.

The last time a dispensary set up shop in our city, it sold cannabis for less than two weeks before it was raided and closed on August 4, 2015.

But Brier said he doesn't expect trouble from the police.

"We're not doing anything illegal, we are selling glass and giving information, and even if we were selling pot and they were to come after us, I say that's criminal use of public resources," he said. "If that happens, we the people will be going to court.… We're actually helping the community, not hurting anyone."

Across Canada, dispensaries have popped up and been shut down by police increasingly since the new federal Liberal government initiated plans to legalize marijuana.

Since then, in Brier's opinion, "marijuana laws have fallen."

He said people are clamouring for dispensaries like his to provide information and education on what strains of marijuana work best for certain ailments and different people.

"There absolutely for sure is demand, believe me," Brier said.

The Tiger-Cats' Chad Owens is tackled by Bomber Ian Wild in Hamilton on Thursday. Winnipeg won 28-24.
PETER POWER/THE CANADIAN PRESS

FIRST WIN
The Blue and Gold hold off the Ticats

RACING TONIGHT!
And tomorrow & Wednesday. Parade to post 7:15 PM
Enjoy CRAZY HOUR after races. Beer, wine, shots $2.95
(Please drink responsibly.)
140 VLTs
All Day, Every Day
9 AM - 2 AM!
Assiniboia Downs
GAMING & EVENT CENTRE
ASDowns.com
204-885-3330
Portage Ave. & Perimeter Hwy

WWW.CAPITALFORDWINNIPEG.CA

CAPITAL EMPLOYEE PRICING

Capital Has Credit Solutions!
No credit, Bad Credit, New Credit, we have it all. No SIN required, We have options for non-residents.

Ask about our Graduate Rebates, Military Credits and 1st time Buyers program!

90 DAYS NO PAYMENTS AVAILABLE O.A.C

COSTCO REBATE IS BACK!
Save up to $1000 off select new Ford Models.

NEW

2015 LARIAT SPORT 4X4 CREW

MSRP $63,119 REDUCED TO $49,782** or $298/BW**
Stk # 55530

2016 F150 XLT 4x4

3.5L, AUTO, A/C, TOW, PWR GRP. AND MORE
Stk # P0208
NOW ONLY $36,659** OR $219/BW**

2016 Mustang V6 Coupe

AUTO, A/C SYNC, PWR. GRP AND MORE
Stk # P0254
NOW ONLY $27,354** OR $189/BW**

2017 Escape S FWD

AUTO, A/C, SYNCAND MORE
Stk # P0432
FROM ONLY $26,046^^ OR $169/BW^^

2016 Ford Edge SEL AWD

2.0L, AUTO, A/C, PWR. GRP, SYNC AND MORE.
Stk # P0098
REDUCE TO $37,185* OR $229/BW*

2016 Focus SE 4 DR

2.0L, AUTO, A/C, SYNC.
Stk # P0309
$21,116* OR $129/BW*

CAPITAL FORD LINCOLN

555 EMPRESS STREET
1-888-680-0765
WWW.CAPITALFORDWINNIPEG.CA

SHOWROOM HOURS
MON-TUES 9-9 WED-SAT 9 -6

** Price and payments are plus applicable taxes. Term is 96 months at 4.99% OAC. COB example $10,000 over 96 months equals $2,158.69 ^^ 84 month term at 2.49% OAC. COB example cost of borrowing $10000 is $914.92. *Price and payments are plus applicable taxes. Term is 84 months at 1.99% OAC. COB example $10,000 over 84 months equals $712.68. General disclosure, vehicles may not be exactly as shown. Within the dealer group, may not be on site. Some conditions may apply, see dealer website for details. Dealer Permit # 4697

metro NEWS

Your essential daily news

Drake 'emotional and truly scared' after hearing about shooting of black American. **World**

ROOMING HOUSES

City must mandate inspections: Councillors

Braeden Jones
Metro | Winnipeg

Two councillors are asking city staff to do whatever they can to ensure that rooming houses in Winnipeg are inspected annually.

Ross Eadie (Mynarski) and Janice Lukes (St. Norbert) brought forward the issue as a notice of motion back in April's council meeting — long before a rooming house fire in the city's north end killed at least two people, injuring several others Thursday.

Next week's protection and community services committee meeting will debate the motion.

The motion explains affordable housing is in short-supply in Winnipeg, and acknowledges low-income residents resort to living in packed rooming houses.

"People living in these houses maybe don't want to report their landlords because they may get kicked out," Lukes said. "This is just making rooming houses safer all around… the landlords must comply to bylaws."

POLICE

Fire death not suspicious
Police say there's nothing suspicious about a fatal fire at a north end home Wednesday. A man was taken to hospital in critical condition where he died after the fire began in a home in the 200 block of Aberdeen Avenue. METRO

'This is now a war zone'

NORTH POINT DOUGLAS

Neighbours say fire set on purpose, police won't confirm

Shane Gibson
For Metro | Winnipeg

Neighbours who live around a North Point Douglas rooming house that went up in flames early Thursday killing two and injuring several others say the blaze was deliberately set as part of an ongoing gang war in the area.

Emergency crews were called to the fire at 186 Austin Street North around 1:40 a.m. and at least 15 people in the home at the time, according to police.

Police spokesperson Const. Rob Carver said four of those occupants were taken to hospital where two later died. The other victims are listed in stable condition, he said. Police did not identify the victims or release information on their age or gender.

Carver said police are still investigating the cause and wouldn't confirm reports from neighbours who told Metro there was a strong smell of gasoline when the fire started.

"We need to go farther to be able to actually say it's suspicious in nature," he said. "The cause is undetermined."

Carver said police are familiar with the rooming house, and neighbours say it is notorious for drug use and is connected to a local street gang. An area man who didn't want his name used in print told Metro the fire was started by members of a rival gang after a series of police raids at three other rooming houses in the area Tuesday.

"You have to understand, this is now a war zone," the man told a reporter. "You'll be back there in the next couple of days, guaranteed."

Homicide detectives were among the units at the scene later in the morning Thursday, but Carver said police haven't assigned a specific unit to the investigation yet.

Carver also wouldn't confirm the reports the fire was gang related.

"I can't confirm or deny any of that at this stage of the investigation," he said.

Anyone with information about the fire is asked to call investigators at 204-986-6222 or Crime Stoppers at 204-786-TIPS.

A third person died in an unrelated house fire on Aberdeen Avenue overnight Thursday.

Left: A witness's eye view of a house fire in the 100 block of Austin Street early Thursday morning that claimed two lives.
Right: A house that caught fire around Thursday around 1:30 a.m., is pictured hours later after fire crews extinguished the blaze.
JOSHUA PETERSON / CONTRIBUTED; SHANE GIBSON/FOR METRO

INSPECTIONS

- United Fire Fighters of Winnipeg president Alex Forrest says the city currently has 12 inspectors to do roughly 12,000 inspections every year, and because high risk businesses with hazardous materials take priority, inspections at rooming houses are often an afterthought.
- Forrest said of the 850 or so known rooming houses in the city, roughly 500 were inspected last year. He says because most of the buildings are single-family dwellings that have been converted to house multiple people, many — including the one that burned Thursday — should be inspected twice a year.

SAVE ON CUSTOM WINDOW SHADES

50% OFF HUNTER DOUGLAS SCREEN SHADES
Designer screen shade collection

40% OFF NANTUCKET WINDOW SHADINGS
Light filtering and room dimming

PLUS A NO-CHARGE REMOTE CONTROL
Place any new order for Powerview shades and receive a pebble remote control at no additional charge. One per household.

ARRANGE YOUR COMPLIMENTARY IN-HOME CONSULTATION TODAY
CALL 204-942-2558 OR 1-800-818-7779
July 4 to August 20, 2016. Savings off our regular prices.

HUDSON'S BAY

5 THINGS TO DO IN WINNIPEG THIS WEEKEND

It's a no-brainer: the biggest event in town this weekend is in fact happening a half-an-hour drive outside city limits at Birds Hill Park for the annual folk festival. But not to worry, there are still plenty of events and other activities taking place inside the Perimeter to check out over the next three days.

STEPHANIE TAYLOR METRO

FLICKR

1 Peony's flower power

If you were itching to take in a bit of Chinese culture and attend the Beautiful Peony Flower Festival that was rained out last week, you're in luck. Organizers at the Assiniboine Park Conservatory rescheduled the event for Saturday, rain or shine. Hosted by The Manitoba Chinese Women's Association, the festival will feature games and performances celebrating peonies — the national flower of China. The event takes place at the Assiniboine Park picnic site from 2 to 5 p.m. **Saturday**

FACEBOOK

2 Garret Klahn at Handsome Daughter

If you find yourself moseying down Sherbrook Street Saturday night and feel like taking in some tunes, pop into the Handsome Daughter to see Garret Klahn. The smooth-voiced rocker will be performing with Slates, Elder Abuse and Boys Club. Tickets are $10 and available at the door. **Saturday**

FACEBOOK

3 Winnipeg Folk Festival

Thousands of Winnipeggers will flock to Birds Hill Park to take in the 43rd annual Winnipeg Folk Festival. The four-day event that celebrates all things music, camping, and art kicked off Thursday, and features headliners such as Ryan Adams and The Head and the Heart playing on the main stage from July 7-10. Camping passes have been sold out for months, but individual and multi-day passes are still available online and at the gate. **All weekend**

GETTY IMAGES

4 Sundays are for salsa

Bust a move, but hopefully not a hip, at this week's edition of Salsa Sundays at The Forks. The longtime running event takes place under the canopy, where visitors can sway to the sounds of Latin bands and performances by both local and international dance groups. Dance classes are also offered so don't be shy. The drop-in event runs from 6:00-10:30 p.m. **Sunday**

5 Chagali at the WAG

This weekend would be a great one to check out the Marc Chagall show at the WAG if you haven't already. Famous for his colourful and romantic dreamscapes, this series that the Russian-born modernist created in the '50s depicts scenes from a titillating story penned by a Greek poet. The show runs to August 28. Tickets are available at The Winnipeg Art Gallery. **All weekend**

FACEBOOK

HOME OF THE WATCH DOCTORS
Stewart's Horology
Quality Restorations and Repairs to All Fine Timepieces and Jewellery
SUMMER SALE 25% off
Seiko Bulova and Citizen watches
Come down and see us or give us a call for more details
2741 Portage Ave • 204.789.9620
stewbnz1@mymts.net • stewartshorology.ca

Anderson family vision care
OPTOMETRISTS:
Dr. Matthew Anderson
Dr. Tyler Anderson
Dr. Andrea D' Mello
Dr. Michael Langenberger
Summer Special
Buy a frame and lenses and receive a second pair free (same Rx)*
We carry the very latest in designer fashions: Gucci, Dior, Guess, Jimmy Choo, Fendi, Bebe, Oakley, Nike, Michael Kors, and so much more! Quality promotional frames also available!
90-2200 McPhillips • 204.633.7482
101 - 2265 Pembina Hwy • 204-275-2015
www.andersonvisioncare.ca
*Some restrictions apply. Cannot be combined with other discounts.

Old Market Square could be home to rink

PUBLIC SPACE

If OK'd skating area and CUBE stage would be open all year

Stephanie Taylor
Metro | Winnipeg

The Exchange District BIZ believes the City of Winnipeg should spend the money to transform Old Market Square into a year-round event space. BRAEDEN JONES/ METRO

Winnipeg residents may one day be able to lace up their skates and take in a winter concert at The CUBE in Old Market Square — that is, if councillors agree to spend the money.

Next week's committee on protection, community services and parks will consider a request endorsed by the Exchange District Business Improvement Zone (BIZ), which would see them work with city staff to determine how the area around the THE CUBE, bordered by William Avenue, Main Street, Bannatyne Avenue and King Street, could be transformed into a hub of winter festivities.

"During the summer one could argue and justifiably so that Old Market Square is one of the busiest outdoor spaces in Winnipeg," a letter penned by BIZ executive director Brian Timmerman reads.

"Sadly programming of any kind in Old Market Square during the other 9 months drops off and is essentially non-existent."

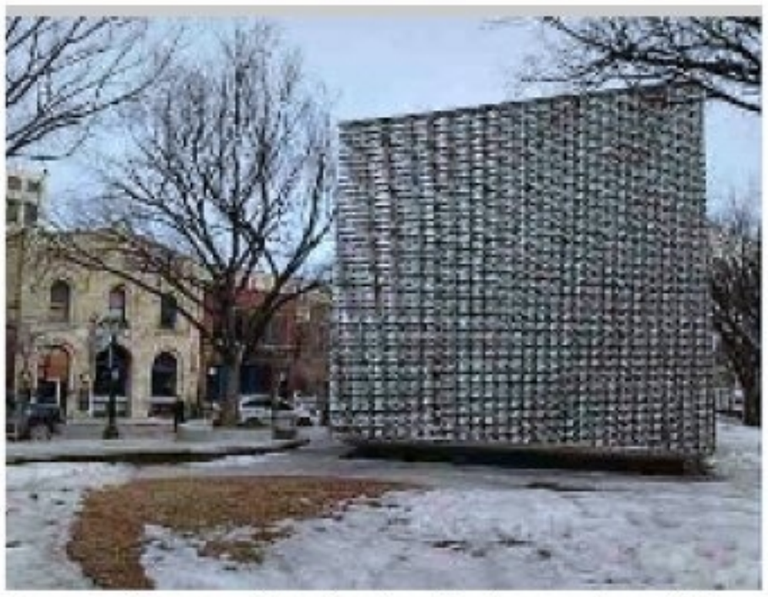
He continues that, "Winnipeg is a winter City and it must be stated that we need to program Old Market Square year round.

In his letter, he outlines how the square could be made into an ice rink — think similar to New York City's iconic rink at Rockefeller Center — where locals could go skating or curling.

He even pitches the idea of keeping The CUBE stage open year-round, so it could host concerts and other winter-centric programming.

"If we are truly to become a year round outdoor destination we need a commitment from the City so that funds and resources are made available towards creating a winter activity destination."

If the BIZ's request is approved, the city would set aside the money in the 2017 budget.



For most of the year, this is the view Winnipeggers have of The CUBE stage and Old Market Square during the winter. METRO FILE

PROPERTY

Repairs to empty public safety building will cost city $500K

Paying for the upkeep of the officially shuttered Public Safety Building is expected to cost Winnipeg half-a-million dollars.

That cost was approved back in April at the same time the city committee on planning, property and development — and ultimately council — voted to move ahead on a redevelopment plan that would see the historic building inevitably torn down.

Staff reported that $500,000 had been earmarked in the 2016 budget to pay for security and vacancy-related costs while the building sits empty.

Of that amount, $425,000 will cover the bills of the building's general upkeep, and another $75,000 will pay for repairs to its limestone cladding.

Public safety building DAVID LIPNOWSKI/FOR METRO

On Wednesday, the day after the city shut the door on the long-time home of its police force, officials issued a bid opportunity looking for a contractor to repair some of the crumbling stone on its exterior.

STEPHANIE TAYLOR/ METRO

IN BRIEF

Ex RRC president won't face criminal investigation for marble theft allegations

Former Red River College president Stephanie Forsyth won't be facing a criminal investigation in connection to allegations she pilfered marble from the Union Bank Tower for a home renovation project.

In January 2015 RRC asked police to review an internal investigation the college had undertaken after the Canadian Taxpayers Federation uncovered emails that appeared to show Forsyth installed "surplus" marble from the school in her own kitchen.

Winnipeg police said they hadn't found enough evidence to support a criminal investigation.

SHANE GIBSON/FOR METRO

DOWNTOWN
FAMILY FOODS
Family Foods Your Downtown Food Store
fresh produce $2.48/lb
Fresh B.C. Cherries
SHOP ONLINE
Winnipeggrocery.com
Delivery available Monday to Saturday
$4.48/lb Extra Lean Ground Beef
$5 Kellogg's Family Size Cereal Assorted 515-980g
5/$5 Ocean's Light Tuna Assorted 170g
2/$5 Pillsbury Pizza Pops Assorted 400g
$5 Astro Yogourt 12 & 16 Packs
$5 Delissio Pizza Assorted 519-888g
$5 Tropicana Orange Juice Assorted 2.63 litre
fresh produce 2/$5 Fresh Blueberries 2.63 litre
fresh produce $1.28/lb Tomatoes On The Vine
$9.98/lb Beef Striploin Grilling Steak
2/$3 Natural Bakery Bavarian Bread 500g
fresh produce $1.28/lb Red & Gold Delicious X-Fancy Apples
The Big Deal Of The Week!!
Friday, Saturday & Sunday
Whole Cooked Chicken $6.98 EACH
Rest of the week $7.98
fresh produce $1.28/lb Mcintosh X-Fancy Apples
fresh produce $3 Red Potatoes 5lb Bag
Downtown Family Foods
Open Mon-Fri 8:00 am - 8:00 pm.
Sat 9:00 am - 7:00 pm.
Sun & Holidays 11:00 am - 6 pm
Call (204) 947-6645 for Home Delivery
1 -120 Donald St. at Broadway Phone (204) 947-0764
www.winnipeggrocery.com
www.familyfoods.ca • We reserve the right to limit quantities.
Prices effective July 8-14, 2016

Red Moon Road debuts

WINNIPEG FOLK FESTIVAL

Trio a staple of city's folk music scene

Nigel Moore
For Metro | Winnipeg

Winnipeg folk trio Red Moon Road will be at the Winnipeg Folk Fest this weekend in Birds Hill Provincial Park. EMILY CHRISTIE/CONTRIBUTED

As they prepare to make their Winnipeg Folk Festival debut as a band this weekend, the members of Winnipeg folk trio Red Moon Road are looking forward to becoming part of a broader tradition of presenting and fostering folk music in its many forms.

"You can't imagine a more beautiful place to play your music than the middle of the woods. With a professional sound team, that's a rarity and a real honour," said singer-guitarist Daniel Jordan of the festival's location in Birds Hill Provincial Park.

In addition to taking part in workshops and jam sessions, Red Moon Road will perform Saturday at 12:30 p.m. on the Bur Oak Stage.

In its early days, the Folk Fest was the vehicle by which most people here were exposed to folk music and all that entails, said Jordan.

"The longer it's gone on," he said, "the more it has encouraged people to start making that music" — himself, lead singer Sheena Rattai and multi-instrumentalist Daniel Péloquin-Hopfner included.

"A big part of how our band started had to do with Daniel and I meeting and jamming at the festival," he said. "One of the first times we played together was there. And we grew up seeing so much top-quality music there. I think even the idea of making music in a roots-folk idiom was at least partially influenced by the festival itself."

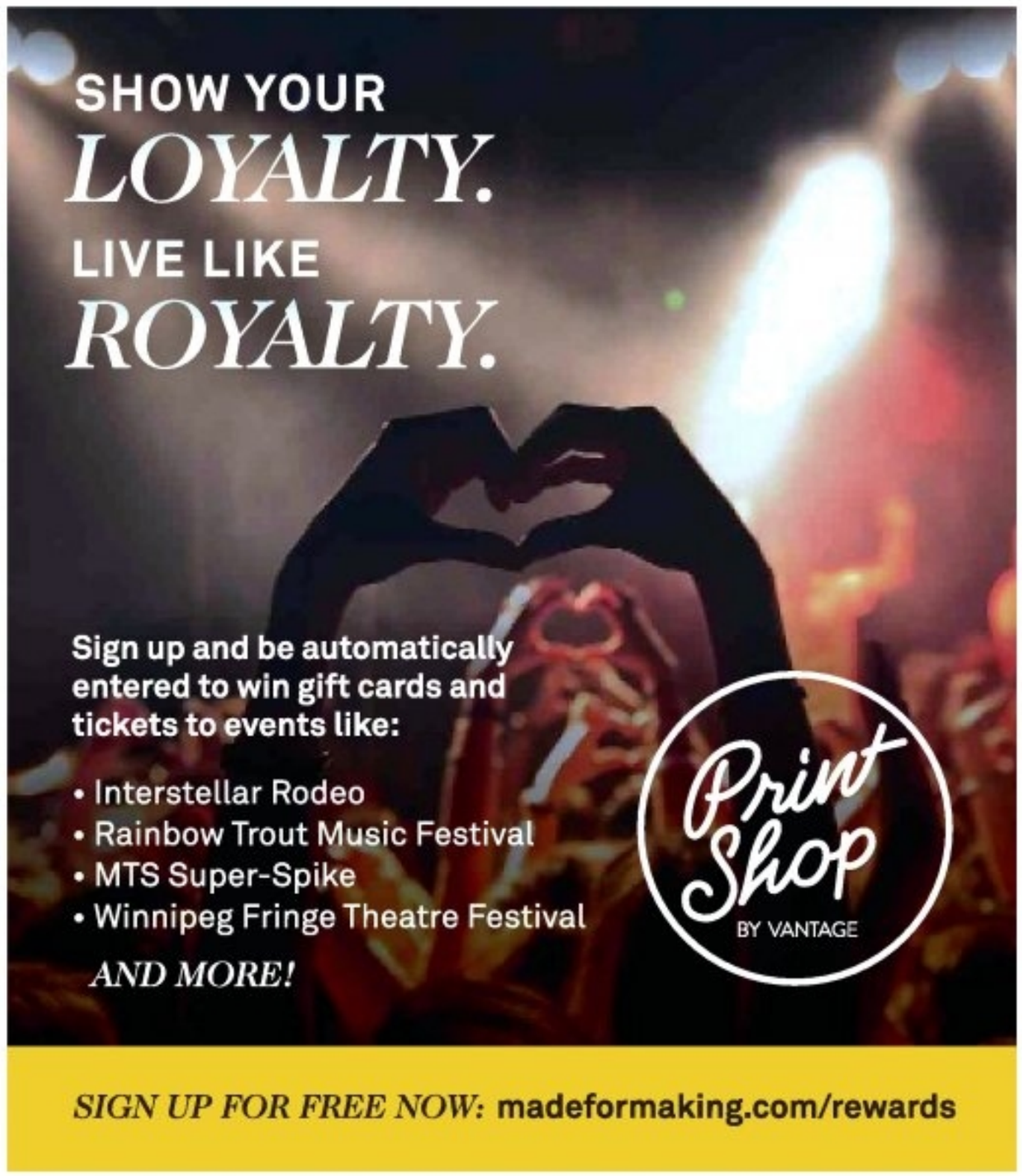
Winnipeg Folk Fest will take place this Thursday to Sunday. Headliners include Ryan Adams, The Head and the Heart, Basia Bulat, Sam Roberts Band and Cœur de Pirate.

Single-day and four-day tickets are available at the Winnipeg Folk Festival Office on Bannatyne Avenue and through Ticketmaster.

TALENT

The complete 2016 lineup

Ryan Adams
The Head and the Heart
Milky Chance
Sam Roberts Band
Cœur de pirate
Lord Huron
Lucius
The Staves
Basia Bulat
Loudon Wainwright III
The Paper Kites
The Wainwright Sisters
San Fermin
Alan Doyle & The Beautiful Gypsies
Colin Hay
Rayland Baxter
Son Little
Andy Shauf
Lisa LeBlanc
Wild Child
The Bluegrass Situation
Native North America
Ben Caplan & The Casual Smokers
Benedettiville
Boogat
Castlemoon
Theatre
Charlie Hope
Dan Frechette & Laurel Thomsen
Gustavo and the Green Fools
Hubby Jenkins
Jake Chénier Band
Jay Stoller and Drum Cafe
Jennifer Castle
Jim Bryson
Krar Collective
Larry Campbell & Teresa Williams
Lemon Bucket Orkestra
Les Hay Babies
Les Noces Gitanes
Martin Harley
Matt Epp
Matthew Byrne
Meredith Axelrod
Mikaela Davis
Moulettes
Noam Pikelny
Okee Dokee Brothers
Oysterband
Parsonsfield
Possessed by Paul James
Red Moon Road
Rosie & the Riveters
Ruby & Smith
Ryley Walker
Sand Skyscraper
Steve Dawson
The Brothers Comatose
The Crooked Brothers
The Dead South
The Eagle Rock Gospel Singers
The East Pointers
The Foggy Hogtown Boys
The Funk Hunters
The Hooten Hallers
The Infamous String-dusters
The Wild Reeds
Tomato/ Tomato
Twin Peaks
Vaudou Game
Wild Child
William Prince
Yemen Blues with Ravid Kahalani



TELECOMMUNICATIONS

Bell outlines plans to improve cell service

Bell has outlined plans to improve cell service in northern Manitoba.

The company says it will provide wireless coverage on Highway 6 from Grand Rapids to Thompson.

It also is promising new, improved wireless services for Easterville, Gods Lake Narrows, Gods River, Grand Rapids and Red Sucker Lake First Nations and enhanced broadband service in Flin Flon.

The improvements will occur if BCE Inc.'s $3.9-billion acquisition of Manitoba Telecom Services is approved by regulators.

Manitoba Growth Minister Cliff Cullen says it's important for the citizens in northern Manitoba to be getting good cellular access and staying connected.

Thompson Mayor Dennis Fenske says enhanced service will help grow the local economies and connect local businesses to southern Manitoba.

"A flat tire on the Trans-Canada Highway just outside of Winnipeg is not really a big issue, it's an inconvenience more than anything. A flat tire on Highway 391 just north of this community is a bigger issue especially in wintertime at 30 below, so enhanced cellular service is paramount from a safety perspective," Fenske said Thursday.

The proposed takeover of MTS from BCE Inc. has received approval from the Manitoba Court of Queen's Bench.

MTS shareholders previously voted in favour of the deal, which would combine the province's largest telecom company with the group that owns Bell Canada.

The transaction remains subject to approvals from the federal minister for innovation and economic development, the CRTC and the Competition Bureau.

BCE has committed to invest $1 billion over five years for Manitoba's telecom infrastructure. It has also agreed in principle to sell about one-third of Manitoba Telecom's monthly contract wireless customers and one-third of the MTS stores in Manitoba to Vancouver-based Telus Corp. THE CANADIAN PRESS

The company says it will provide wireless coverage on Highway 6 from Grand Rapids to Thompson. ANGUS REID INSTITUTE

Finance Minister Bill Morneau speaks to the Economic Club of Canada June 23, 2016. He has joined other finance ministers in helping to strengthen the Canadian Pension Plan. EDUARDO LIMA/THE CANADIAN PRESS

Ministers working to approve pension boost

PREMIUMS

Agreement includes every province minus Quebec

Finance Minister Bill Morneau says Manitoba has joined the other provinces and agreed to help strengthen the Canada Pension Plan.

The agreement in principle now includes every province except for Quebec.

Quebec has agreed to remain part of the discussions in recognition of the unique nature of the Quebec Pension Plan.

All have agreed to work towards confirming the approval of their respective governments by July 15.

The preliminary agreement reached by the country's finance ministers on June 20 states that the CPP premium increases on workers and employers will start to be phased in over several years beginning on Jan. 1, 2019.

An average Canadian worker earning about $55,000 would pay an additional $7 a month in 2019, and that would increase to $34 a month by 2023.

If fully implemented, the maximum annual benefits will increase by about one third to $17,478.

When the finance ministers reached the agreement last month, Manitoba's newly-elected government said it wanted to give the matter careful consideration.

"I am pleased to welcome Manitoba to this historic agreement-in-principle, which now includes all CPP-participating provinces," Morneau said Thursday in a statement.

On Wednesday, the Canadian Federation of Independent Business called on Ottawa and the provinces to delay final agreement on changes to the CPP. The national association said it wants the governments to consult with Canadians and conduct a full economic impact analysis of the agreement in principle. THE CANADIAN PRESS

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

iMARKETING
CALL CENTRE AGENTS NEEDED
NOW HIRING
· Earn up to $700+ Weekly
· Guaranteed Hourly Wage
· Daily and Weekly Performance Bonuses
· Flexible Schedules Available
· Paid Every Friday
· Great Downtown Location
· Advancement Opportunities
· Full and Part Time Shifts Available
· Seniors and Students Welcome
FLUENT English a MUST
Contact Amber Pruden at 204-943-4952 ext 6
Email: amber.pruden@imkgp.com

‘Not out there alone’

BIBLE BELT

Bar owner plans bus trip to Pride march in Steinbach

A Winnipeg nightclub owner is organizing a bus trip to support marchers in a gay pride parade this weekend in the heart of what’s referred to as Manitoba’s Bible Belt.

Allen Morrison of Club 200 says showing up in Steinbach on Saturday is also about sending a message to politicians.

He says people are entitled to their beliefs and opinions, but anyone in office has a responsibility to represent everyone.

It’s the first pride parade in a city with a long small-c conservative history and strong Mennonite presence.

Both the MP and the member of the legislature for the area have said they won’t be attending.

Morrison said members of the LGBTQ community shouldn’t be ignored.

“There’s a lot of gay people out there. We vote and we matter,” he said.

“The loudest voice in the crowd might not necessarily represent everybody’s view, or the majority’s view. It’s important we get out there and show them there are people and bodies and votes out there.”

It’s important that participants in the march know others will stand with them, Morrison added.

“We want to support the gay and lesbian community in Steinbach, and show them that they are not out there alone, trying to make this difference on their own. Show them some support and love and stand up with them.”

About 40 people have reserved seats to travel on Morrison’s bus to Steinbach.

Manitoba RCMP confirmed last week that the pride march is to go ahead and that officers will ensure a safe event.

THE CANADIAN PRESS

STEINBACH PRIDE MARCH TRUDEAU SENDING SPECIAL MESSAGE Attendees of Steinbach’s first-ever Pride march will receive a special message from Prime Minister Justin Trudeau, seen above at the annual Pride Parade in Toronto on Sunday — the first sitting prime minister to participate in the event. Organizers of Steinbach’s Pride march took to social media to announce MP Dan Vandal will present Trudeau’s message at city hall on Saturday.

MICHAEL HUDSON/THE CANADIAN PRESS

CRIME

Murder victim identified

A 26-year-old father of four boys has been identified as the victim of a fatal confrontation with a group of people on a downtown Winnipeg street earlier this week.

Cyril Quentin Weenusk, who was from the Oxford House First Nation, was pronounced dead at hospital after what police say was an altercation that turned violent early Tuesday morning.

Investigators also say no weapons were used and that they’re looking for three or more suspects.

THE CANADIAN PRESS

Portage Avenue was shut down for several hours Tuesday. SHANE GIBSON/FOR METRO

Kenney looks for new united front

CONSERVATIVES

Plan to bring right together involves new party name

Alberta MP Jason Kenney
JEFF MCINTOSH/THE CANADIAN PRESS

MP Jason Kenney says his plan for a united right in Alberta includes a new party that would hold a leadership race before the next provincial election.

Kenney made it clear at a news conference in Edmonton that he isn't interested in the Progressive Conservatives or the Opposition Wildrose taking each other over.

His idea is that each party would hold a referendum on whether to approve the union before a new party was formed.

"Albertans will not accept secret, backroom deals that dictate what kind of democratic choice we have," he said Thursday.

"That is why I am offering this grassroots guarantee to make it absolutely clear that a new, united party will only be created if approved by a clear majority of grassroots party members in a fair, open referendum.

"This grassroots democracy is absolutely non-negotiable."

Kenney said his organization is exploring whether it is legally possible to merge the PCs and Wildrose under Alberta's election laws.

If a merger isn't possible, Kenney said, a united free-enterprise party would be built from the ground up.

"In my view, even if Elections Alberta were to refuse to entertain a legal merger, then we would just create a new party from scratch, obviously suspending the operations of the two existing parties, and it would take off like a rocket."

Kenney said he doesn't want to prejudge what such a party would be called, but then suggested that the Conservative Party of Alberta "has a nice ring to it. That is what has worked for us federally."

Kenney announced in Calgary on Wednesday that he will seek the leadership of the Alberta Tories with the intent of bringing together small-c conservatives to defeat the NDP government.

The former Conservative cabinet minister said he would also let his name stand in any race to pick the leader for a newly formed party. He said he anticipates that leadership run would come in the winter of 2017-18.

He also said he'll give up his federal seat on Oct. 1 — the day the Alberta Tory leadership race officially begins. A new leader is to be picked March 18.

THE CANADIAN PRESS

Grant's Old Mill
Come out, enjoy a BBQ, and take in some entertainment
ENTERTAINMENT BY:
• Music, hits of the 50's-60's
• Metis Fiddler • Clowns
• Classic Car Display
You will see how a grist mill operates and flour is produced using millstones.
Tours are available
Learn about Cuthbert Grant, first leader of the Metis Nation, and the fur trade.
Cuthbert Grant Day at Grants Old Mill, 2777 Portage Ave. Winnipeg, MB
July 9, 2016 - 11:00am to 3:00pm - BBQ noon to 2:00pm

COME IN FOR OUR GREAT FLOORING DEALS!
20% OFF
on Richmond Laminate, Luxury vinyl plank and Grouted vinyl tile until Saturday July 16th
THE FLOOR SHOW
Style • Selection • Service
1042 Waverley St.
Winnipeg, MB
204.956.9720
www.thefloorshow.ca
Richmond laminate
Richmond REFLECTIONS
SHNIER STEP AHEAD
Mon/Tue/Wed/Friday 8:30am-5pm • Thursday 8:30am-8pm • Saturday 10am-4pm • Sunday Closed

RAVE MASSAGE
INDEPENDENT & LOCALLY-OWNED!
GIFT CERTIFICATES AVAILABLE!
Have You Heard What Everyone is Raving About?
Discover the benefits of regular massage therapy with Rave Massage.
BOOK ONLINE RAVEMASSAGE.COM
1220 ST. MARY'S ROAD
204-416-RAVE (7283)
ONLY $54.95* FOR A ONE-HOUR MASSAGE
*INTRODUCTORY OFFER

LET US HELP YOU BUILD THE YARD OF YOUR DREAMS

We´re in your neighbourhood!

Call Now To Receive A

FREE ESTIMATE

SHOW THIS COUPON AND RECEIVE

10% OFF AT THE J&D PENNER YARD DÉCOR STORE

Offer cannot be combined with any other offers or past orders.

J&D Penner
Paving Stone And Concrete

2560 MCGILLIVRAY BLVD
JDPENNER.COM // (204) 895 8602

Toddler's political tantrum gets results

PARLIAMENT

Sophia's tearful demand to meet Harjit Sajjan was granted

A two-year-old girl's tearful plea on Canada Day has turned into a dream come true.

Sophia Popalyar got her wish Thursday, touring Parliament Hill with Defence Minister Harjit Sajjan and even sitting in the Speaker's chair in the House of Commons.

The visit was the result of a Twitter courtship over the last week between the toddler, who has a knack for recalling the names of federal Liberal cabinet ministers, and Sajjan, a key minister in Justin Trudeau's cabinet.

On July 1, Popalyar's father, Fawad, filmed his daughter in the family car as she heartbreakingly asked to go to the Canada Day festivities on Parliament Hill, regardless of the rainy weather.

In the clip, Sophia said she wanted to see the defence minister. The only problem was that Sajjan happened to be celebrating in his home province of B.C.

A short while later, Sajjan posted his own video addressed to Sophia, promising that his staff would arrange a meeting upon his return.

"I'm looking forward to meeting you because one of my goals is to meet with future leaders of Canada," he said.

The minister met Sophia, who was accompanied by her parents, in the rotunda, just inside from the House of Commons' main entrance.

Defence Minister Harjit Sajjan and two-year-old Sophia Popalyar during a visit to Parliament Hill on Thursday. CONTRIBUTED

Hunkering down to the young girl's eye-level the two talked about how the historic building would be just the place for a game of tag or hide and seek, said Sajjan's spokesman, Jordan Owens.

They toured the Senate, the Library of Parliament and the Commons, where Sophia sat in the Speaker's chair.

"(The minister) asked her what she wanted to be when she grew up and she said 'Justin Trudeau,'" Owens said. "The minister told her that Justin Trudeau wants her to be prime minister."

Sajjan posted a picture on Twitter of the two of them walking hand in hand through Parliament Hill's Centre Block.

"I met my new friend Sophia today," Sajjan wrote. "When she grows up, she wants to be prime minister. I bet she will."

TORSTAR NEWS SERVICE

IN BRIEF

24 Sussex to get makeover

Rather than taking a giant wrecking ball to the prime minister's official residence, the National Capital Commission is making clear it wants to give the building a facelift. Debate over what to do about deficiencies at 24 Sussex Drive has been swirling since last October when it was announced that Prime Minister Justin Trudeau and his family would not be moving into the home.

THE CANADIAN PRESS

ELECTIONS

Reform won't be easy: Chief

The Liberals' proposal to overhaul Canada's electoral system just got more complicated.

Outgoing Chief Electoral Officer Marc Mayrand told MPs Thursday a new voting system may require a long and difficult process to redraw Canada's 338 electoral districts.

Mayrand said it's still possible, if the government moves quickly, to put in place a new system for 2019 — but it's not so simple as placing a new process over the existing ridings.

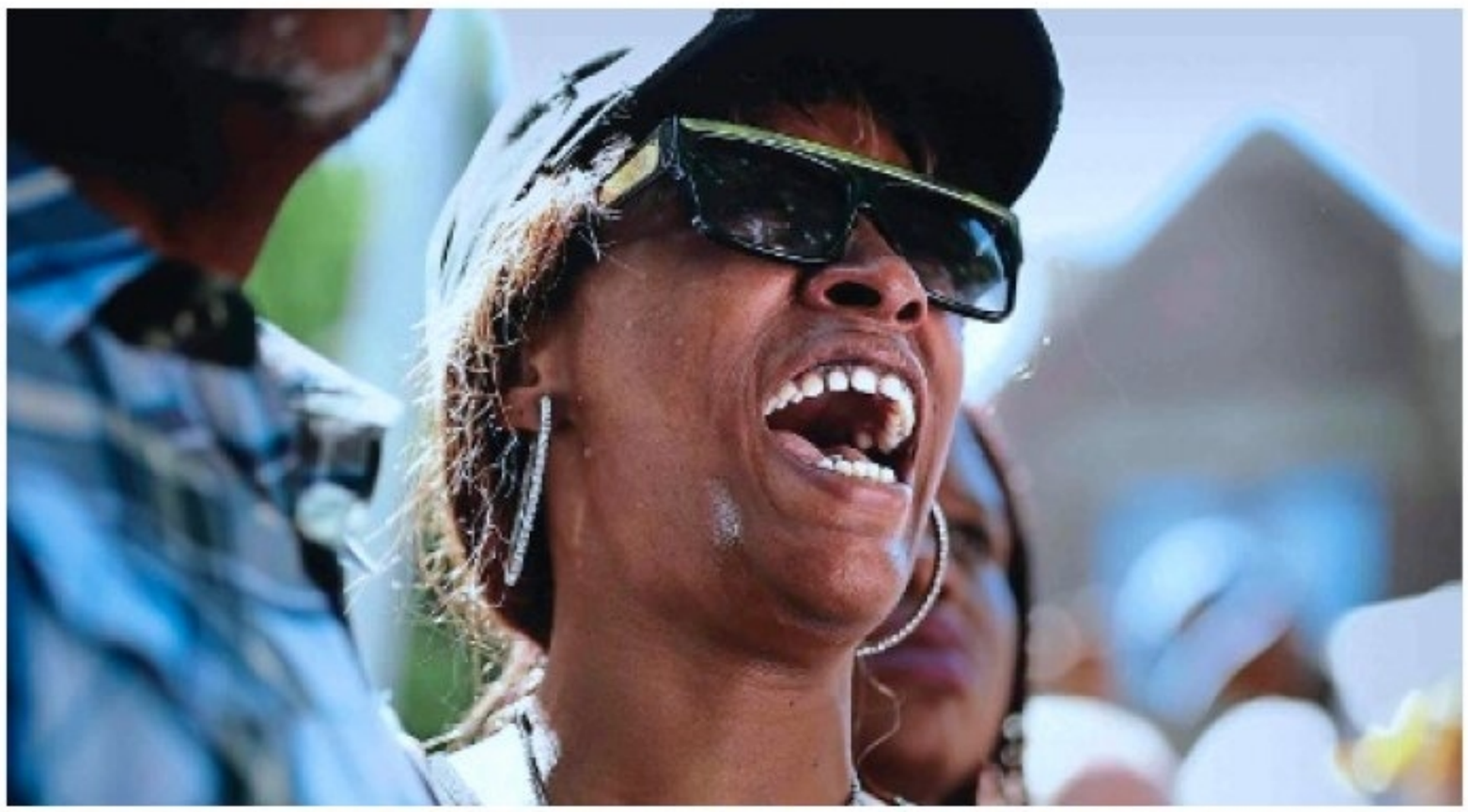
"Even looking at a streamlined process to simply aggregate the current ridings, you will have pockets where aggregation will not necessarily be the best way to go. You may find, among other things, a community of interest could be linguistic. Or you may suddenly, through aggregation, completely dilute a community of interest."

Part of the problem is that Elections Canada doesn't know what kind of system will be ultimately proposed.

The electoral reform committee is meeting throughout the summer to come up with a recommendation for Democratic Institutions Minister Maryam Monsef. TORSTAR NEWS SERVICE

DETAILS

- While the Liberals have not endorsed any system, the NDP is pushing for a form of proportional representation.
- The Conservatives are generally thought to support the current first-past-the-post system.
- Mayrand said Elections Canada estimates a referendum would cost around $300 million.



Diamond Reynolds, the girlfriend of Philando Castile, weeps during a press conference at the Governor's Residence in St. Paul, Minn. on Thursday. Philando Castile was shot in a car Wednesday night by police in the St. Paul suburb of Falcon Heights.
STAR TRIBUNE/THE ASSOCIATED PRESS

Shot dead 'for no apparent reason'

ST. PAUL

Philando Castile just the latest black man killed by police

A woman who watched as a police officer fatally shot her boyfriend during a traffic stop streamed the gruesome aftermath of the slaying live on Facebook, telling a worldwide audience that her companion had been shot "for no apparent reason" while reaching for his wallet.

Within hours, the Minnesota governor was pressing for the Justice Department to open its second investigation of the week into the death of a black man at the hands of police.

The latest shooting happened late Wednesday in the St. Paul suburb of Falcon Heights, a community of 5,000 people that is also home to Minnesota's annual state fair and part of the massive University of Minnesota campus.

In the video, Diamond Reynolds describes being pulled over for a "busted tail light" and says her boyfriend had told the officer he was carrying a gun for which he was licensed.

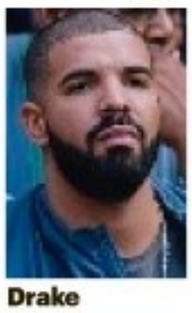
As word of the shooting spread, relatives of the man joined scores of people who gathered at the scene and outside the hospital where he died. They identified him as Philando Castile of St. Paul, a well-liked 32-year-old cafeteria supervisor at a Montessori school.

Reynolds said Thursday that he was killed even though he complied with the officer's instructions. She told reporters that Castile did "nothing but what the police officer asked of us, which was to put your hands in the air and get your license and registration."

The governor stressed that not all facts are known but nonetheless called it a senseless death that was apparently fueled in some part by racism.

"Nobody should be shot and killed in Minnesota for a tail light being out of function," he said. THE ASSOCIATED PRESS

Drake 'scared' by killing



Drake
AFP/GETTY IMAGES

Drake has spoken out against the killing of Alton Sterling by police in Louisiana, saying it points to a larger problem.

The rapper posted on Instagram that he was "disheartened, emotional and truly scared" after hearing about the shooting.

The violence outside a Baton Rouge convenience store late Tuesday was captured in two amateur videos posted online, which quickly went viral. One of the videos directly shows a tussle between officers and Sterling before he is shot in the chest. THE CANADIAN PRESS

U.S. ELECTION

Trump rants about mosquitoes, Saddam

Donald Trump gave his most unhinged rant in Cincinnati on Wednesday. GETTY IMAGES

We might as well start with the mosquito.

Donald Trump was speaking in Cincinnati on Wednesday night, trying to stay something critical about Democrats. But he kept getting distracted by a pest flying in his line of vision.

"I don't want mosquitos around me," he said, whacking on his podium. His voice rose to a shout: "I don't like mosquitos!" Then he growled, "I don't like those mosquitos, I never did." Then, he said, "Speaking of mosquitos, hello Hillary."

It was one of the most bizarre sequences you'll ever see from a presidential nominee. And it wasn't even the strangest part of the night — which ended with the Republican angrily tweeting a photo of a book of stickers from the Disney film Frozen to mock accusations that he had made an anti-Semitic attack on Democratic nominee Hillary Clinton.

Trump has delivered dozens of unorthodox addresses in a successful campaign that has thrilled millions of voters and laid waste to wisdom about how politicians must talk and behave. But his rant was you-gotta-see-it-to-believe-it odd.

"Objectively as alarming, in mental-balance terms, as anything we have seen from a major party candidate in modern history," wrote James Fallows, the Atlantic correspondent and former chief speech writer to President Jimmy Carter.

"A concerned family would be talking about taking car keys away from Donald Trump not giving him nuclear codes," said Stuart Stevens, chief strategist to Mitt Romney's 2012 campaign and a staunch Trump critic.

"He is absolutely and certifiably insane," read a post on RedState, a popular conservative website. TORSTAR NEWS SERVICE

Selling your home commission free

That's smart!

Ultimate visibility

Unbeatable photos

Pricing Strategy

comFree
Commonsense Network Broker

No commission

LIMITED TIME OFFER

Everything you need +
MLS® EXPOSURE
for only $499.95
$799.90

ComFree.com
1-855-953-9533

Offer until July 29, 2016. Conditions apply. Details on ComFree.com.
The trademarks MLS®, Multiple Listing Service® and the associated logos are owned by The Canadian Real Estate Association (CREA) and identify the quality of services provided by real estate professionals who are members of CREA. Used under license. Not intended to solicit currently listed properties or buyers under contract.

Brides all tied up in knots

CANADA POST DISPUTE

Mail stoppage could trap invitations in the system

For some brides and grooms, the beautifully embossed invitation, carefully addressed by hand and delivered by mail, is a tradition worth preserving.

But now they are worried Canada Post's threat it will lock out 50,000 workers Monday — pushed back from an original deadline of Friday — could trap all those invitations and accompanying tiny RSVP envelopes in the post office.

Yvonne Post, 34, wanted to send out formal invitations because so many items that arrive in the mailbox are junk.

"It's always so nice when you get an invitation to something, especially celebrating a wedding," she said. "I guess it's old-school, but it was important to us."

So now Post and her fiancé Todd Rieck, 32, are looking at personally handing out their invitations for their September wedding, already addressed but not stamped.

"Luckily my shower is on Saturday, so I'm going to bring them to hand out in person," she said. "It's not ideal, but it's an opportunity where I can see everybody."

Her fiancé will probably deliver some at his bachelor party

Labour Minister MaryAnn Mihychuk has urged Canada Post and its union to consider binding arbitration to reach a contract. Canada Post says it's willing, but the Canadian Union of Postal Workers, which represents 50,000 employees in two units, has flatly rejected it.

Olivia Purchase and Kenny Mair. CONTRIBUTED

The union has filed a complaint of unfair labour practice to the Canada Industrial Relations Board, accusing Canada Post of failing to negotiate in good faith.

Fearing a disruption to mail service, Rita Freitas, 33, and Anthony Pagliaroli, 32, printed up extra inserts for their wedding invitations, asking guests to respond via email.

Freitas said they still included the RSVP cards when the invitations were mailed, having paid for them, and a few people have mailed them back already. But because some of their guests live overseas, it's unclear whether the international invitations, sent last week, will get there before any stoppage.

Olivia Purchase, 29, and Kenny Mair, 31, who are also getting married in September, sent out their invitations in May, but gave their guests until late July to respond.

Purchase had only received a few responses by last week when she learned about the potential postal shutdown. That sent her straight to her computer to post on Facebook, reminding guests to send back their responses as soon as possible.

The couple has since received a flood of cards as well as emails and text messages. They are still waiting for responses from more than 60 people, many of whom live in Jamaica or the United States, who would not be aware of the dispute at Canada Post.

Purchase said some of her friends have told her they are hanging on to the RSVP cards, waiting to deliver them in person, rather than risking the mail.

"Every day, I run to the mailbox to see how many are there going to be," she said.

"I don't want to miss somebody because the response is in limbo," she said.

"And if there's a disruption, I don't know if the responses would be just stuck in a warehouse somewhere."

TORSTAR NEWS SERVICE

POSTAL SERVICES

What will and won't be delivered

Here's what you need to know if there's a halt in postal services:

1. Packages and letters in the system will be stuck there and no new items will be accepted. You still have to pay your hydro, water or other bill on time even if it doesn't arrive in the mail.
2. Postal workers will still deliver government pension and benefits, but not all.
3. You can call 1-800-206-7218 to ask for an employment insurance, cheque that can be picked up at the nearest Service Canada location.
4. Passport applications will need to be done in person.
5. Mail sent to the Canada Revenue Agency like tax payments, or mail they send you like refunds, rebates, benefits won't be delivered. All mail will be held at the CRA until postal services resume.
6. Online shopping won't shut down, but delivery details have changed. A note on Amazon's website said that until further notice, it won't ship to P.O. boxes, Canada Post retail locations (which Amazon calls pickup points) or remote locations. Well.ca has moved all deliveries to UPS
7. Canada Post and the union don't have any special provisions to continue shipping medical marijuana through the mail. Licensed producers have said they will use private couriers to keep shipments rolling.

WE BUY GOLD AND SILVER
Winnipeg Gold Buyer
WE PAY TOP DOLLAR FOR YOUR UNWANTED JEWELLERY AND COINS
We Pay CASH on the Spot
THREE LOCATIONS!
1147 Henderson Highway, 204-661-GOLD (4653)
628 St. Anne's Road, 204-233-GOLD (4653)
3127 Portage Avenue, 204-832-GOLD (4653)
winnipeggoldbuyer.com

metro VIEWS

Your essential daily news

SCIENCE SAYS Weekend, July 8-10, 2016

BABY GAIT
3D-camera studies are shedding light on why pregnant women have that distinctive, waddling walk — and could help prevent falls in the future.

WHAT IS JUPITER, ANYWAY?

NASA calls it the 'biggest, baddest planet in the solar system.' Gigantic, gaseous, magnetic, ultra-radioactive **Jupiter** — 300 times more massive than Earth — is unknown to us in so many ways. But thanks to the **Juno mission spacecraft**, which entered the mammoth planet's orbit July 4, that's about to change.

VERY FAST FACTS

- **NASA's Juno spacecraft is the fastest human-made object ever,** with a peak speed of about **209,000 km/h.**

It's about **9 m** across at its widest point, including the solar panels that power its flight, and weighs **3,625 kg**.

2-metre human

- At its closest approach, it cruises **4,000 km** above Jupiter's clouds.
- Juno launched on **Aug. 5, 2011** and travelled **2,800,000,000 km** from Earth to arrive at Jupiter on **July 4, 2016**.
- Its electronic instruments are encased in a titanium box built to withstand the radiation equivalent of **100 million X-rays at once.**
- Total mission cost: **$1.13B U.S.**

THE (GAS) GIANT MYSTERY

Even if you could bear the cold (around -145 C at the surface), you couldn't walk on Jupiter. **It's made up of 99 per cent helium and hydrogen gas**.

What's the other one per cent? Nobody knows exactly, but Jupiter's insides are made of something very, very heavy. The outer core is thought to be **metallic hydrogen**: hydrogen gas under such tremendous pressure it starts to behave like a metal. The planet might also have an inner core: Maybe made of rock, maybe heavy metal, maybe something else. That's what Juno is trying to learn.

HOW JUNO WORKS

As the spacecraft flies around Jupiter, its orbit will wobble and it will change speeds a bit as it passes over regions with slight variations in gravity. These wobbles can be detected by radio antenna on Earth.

If the planet has a rocky core, Juno is expected to speed up a bit on its path between the pole and the equator. The radio signals heard on earth will be higher-pitched. This is called the **Doppler Effect**.

Perfect orbit

Orbit, messed up by Jupiter's gravity

GRAPHICS: ANDRÉS PLANA/METRO

FINDINGS
Your week in science

MICHAEL LANDRESS/FLICKR

SLIPPERY SWIMMERS
Researchers writing in the Journal of Experimental Biology have discovered that swordfish have an oil gland that lubricates their heads to reduce drag and allow them to shoot through the water, sword-first, at up to 100 km/h.

THE FIRST FUNERAL
A 12,000-year-old archeological site in modern-day Israel has revealed the remnants of an ancient, fabulous funeral. The dead woman, probably a shaman, was buried with dozens of tortoise shells, a leopard pelvis, an eagle's wing, a human foot, a boar's arm and the chewed-over remains of what was presumably a farewell feast.

SOUND SMART

DEFINITION
Bioluminescence is a phenomenon in which living things (think jellyfish, glow worms and fireflies) produce and emit visible light.

USE IT IN A SENTENCE
Juanita's teeth are so blindingly bright that if I didn't know better, I would think she's capable of **bioluminescence**.

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

CITIZEN SCIENTIST by Genna Buck

Is this the biggest 'oopsie' in science history?

What's this I hear about 20 years of brain research being ruined? — I.C., Toronto

I wouldn't say ruined. But yes, neuroscience is in a "Oh. Crap. No way. Really?" moment.

Here's why: In that past 20-odd years, functional magnetic resonance imaging (fMRI) has become a really popular tool for brain studies. It records blood flow to different parts of the brain — an indirect measure of brain activity. That information is then *supposed* to be accurately analyzed by statistical software.

But that's not what has been happening, says a new study of the most common MRI-analysis computer programs.

The research, in the journal PNAS, involved dummy experiments with 499 healthy people — experiments that should, reasonably, turn up no results. But up to 70 per cent of the time, the software flagged at least one statistically significant result: A change to participants' brain activity. A change, that, in all likelihood, wasn't really there. The false-positive rate should be no more than 5 per cent.

That means there could be serious, even fatal, flaws in as many as 40,000 studies that used fMRI technology from the 1990s to May 2015, when this tarantula-sized software bug was patched. Yeah. Oops.

fMRI is so cool. It lets us easily see into living brains, in real time, for the first time. And it gave rise to headlines like, "This part of your brain lights up when you __ (eat chocolate, read poetry, see a picture of your mom, etc). These (often small) studies make enticing stories. I admit I've gotten carried away with them.

So carried away, in fact, that I (and many others) discounted the importance of reproducibility. We should be cautious drawing grand conclusions from studies until other teams have been able to repeat the work. It's how scientists limit the impact of random errors and keep each other honest.

Science Question? Tweet @genna_buck

metro

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR WINNIPEG
Elisha Dacey

ADVERTISER INQUIRIES
adinfowinnipeg@metronews.ca
General phone 204-943-9300

I NEED:
An education that works for me.
Explore your Options at Robertson College.
Turn your plans for your future into reality. With career-focused programs in Business, Health Care, and IT that are driven by the needs of today's employers, Robertson College can get you on the right track to your brighter future.
Whether it be flexible class times, an on-campus or Online learning experience, or a financial plan that will work with your needs - we invite you to explore your options at Robertson College.
Morning, Afternoon, Evening, Weekend & Online
204-943-5661 | robertsoncollege.com
PROGRAMS AVAILABLE:
Faculty of Health Care
Community Support Worker*
Health Care Aide
Health Care Aide Challenge*
Health Unit Clerk
Massage Therapy
Medical Laboratory Assistant
Medical Office Assistant*
Medical Terminology*
Nursing Assistant
Pharmacy Technician
Faculty of Business
Accounting Assistant*
Accounting Specialist
Administrative Professional*
Business Administration
Legal Assistant*
Logistics & Supply Chain Management*
Project Management*
Travel Counsellor*
Veterinary Office Assistant*
Faculty of Technology
Network Administrator
Network Security Technician*
Software & Database Developer
*online programs available
ROBERTSON COLLEGE

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

Let's crush it at the wedding, bro!

MIKE AND DAVE

Zac Efron now carries bromance genre torch

Richard Crouse
For Metro Canada

Adam Devine and Zac Efron are the bros of the hour in Mike and Dave Need Wedding Dates, which opens this weekend. HANDOUT

I have a brother but he's not my bro, at least not by the contemporary definition.

My sibling and I are biologically brothers but neither of us fall into what the NPR Codeswitch blog described as the four rudimentary characteristics of "bro-iness"— jockish, dudely, stoner-ish and preppy.

There are as many ways to define bros and brahs as there are bros and brahs at your local frat house.

Oxford Dictionary writer Katherine Connor Martin sums it up simply as "a conventional guy's guy who spends a lot of time partying with other young men like himself."

The urban dictionary isn't quite as elegant, describing bros as "obnoxious partying males who are often seen at college parties... (standing) around holding a red plastic cup waiting for something exciting to happen so they can scream something that demonstrates how much they enjoy partying."

This weekend Zac Efron and Adam DeVine play brothers who are also bros in Mike and Dave Need Wedding Dates.

Based on the real-life exploits of Mike and Dave Stangle, the guys get out-broed at their sister's Hawaiian wedding by broettes Tatiana and Alice (Aubrey Plaza and Anna Kendrick).

In real life Mike, Dave, Tatiana and Alice are the kind of people it might be fun to hang out with before 10 o'clock at night, before the tequila shots and samplings from the mystery medicine cabinet have taken effect. After that, all bets are off.

Luckily in Mike and Dave Need Wedding Dates, like so many bro movies before it, the screen separates us and we can sit back and observe them like cultural anthropologists, as if we're studying animals in a zoo.

Hollywood has long had a bromance with bros.

Lately in movies like Neighbors and Dirty Grandpa, Efron has made a career of playing dim-witted frat boys but to find the proto bros you have to go back to 1940.

Starting with Road to Singapore, Bob Hope and Bing Crosby cocktailed and ad-libbed their way through seven Road movies playing two slightly skeezy men with boatloads of bravado and an unbreakable bond — at least until love interest Dorothy Lamour showed up.

National Lampoon's Animal House was the next landmark of bro-cinema.

From toga parties to food fights and doing The Worm on the dance floor, it's a politically incorrect classic that celebrates the best and worst of bro culture.

A 1996 movie gave us the bro with a million catchphrases like "Vegas, baby," "wingman," "beautiful babies" and "you're so money." As Trent in Swingers, Vince Vaughn gave a voice and brocabulary to a generation of bros. Jon Favreau wrote the script but many of the sayings came directly from the lips of his best friends and co-stars Vaughn and Ron Livingston.

No look at bro-cinema would be complete without a nod toward Will Ferrell. The comedian has broed out on screen many times but Old School's Frank the Tank, a character who unravels after his wife leaves him, is King Bro.

When he's not doing beer bong hits ("Once it hits your lips, it's so good!") or streaking, he lets his freak flag fly as one of the most over-the-top bros ever seen on screen.

Dean Wormer's classic scolding from Animal House, "Fat, drunk and stupid is no way to go through life, son," doesn't seem to apply, at least to the genre of bro movies.

MOVIE RATINGS by Richard Crouse

The Secret Life of Pets	★★★★
Mike and Dave Need Wedding Dates	★★★
Eat That Question: Frank Zappa in His Own Words	★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

GOSSIP BRIEFS

Snoop gifts Kobe a car

Kobe Bryant has received a one-of-a-kind retirement gift from Snoop Dogg: a Los Angeles Lakers-themed convertible.

The car's hood features Bryant alongside team greats like Magic Johnson, James Worthy and Kareem Abdul-Jabbar — as well as Snoop himself.

THE ASSOCIATED PRESS

Silverman has close call

Sarah Silverman says she's "insanely lucky to be alive" after undergoing surgery and spending a week in intensive care due to "a freak case of epiglottitis."

The condition, a swelling of the cartilage lid that covers the windpipe, can block the flow of air into lungs and is potentially life threatening.

In a Facebook post on Wednesday, Silverman said she owes her life to the staff at Cedars-Sinai Medical Center. THE ASSOCIATED PRESS

COMICS

Vader has workday woes in new series

Mike Donachie
For Metro Canada

DETAILS

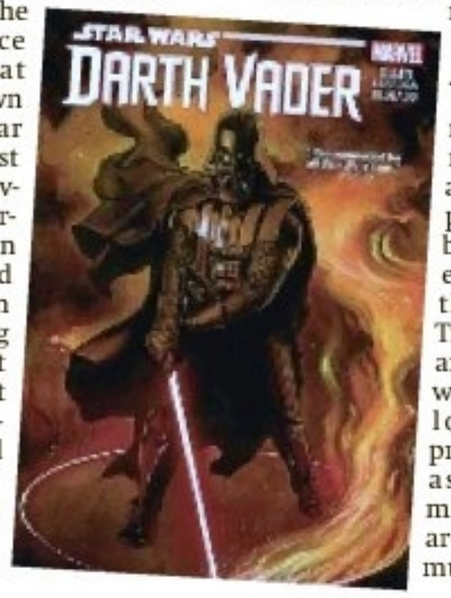
Darth Vader Hardcover #1
By: Kieron Gillen and Salvador Larocca
Publisher: Marvel Comics
296 pages, $34.99

Darth Vader's had a bad day at work, and he's in trouble with his boss.

That's the idea behind this great little series, which thrilled readers in monthly comics and this week has its first 12 episodes collected in a hardcover for the first time.

It starts right after the events in Star Wars IV: A New Hope, when the Rebel Alliance have hit that target and blown the Death Star (this is the first one) into oblivion. The Emperor is less than thrilled, and calls Vader in for a meeting in his office. It is not pleasant for the wheezing, black-clad employee.

So, given a new mission, Vader is sent away smarting. But he has his own secret plans, having felt the presence of Luke Skywalker.



This book's pure entertainment, with Boba Fett, Jabba the Hutt and more. The new creations are perhaps the best fun, especially the droids Triple Zero and BeeTee, who may look like protocol and astromech models but are far more murdery.

Actor Paul Dano and director Daniel Scheinert on the set of Swiss Army Man. JOYCE KIM/COURTESY A24

Filmmaking done with body and soul

SWISS ARMY MAN

Movie's gross premise makes for engrossing experience

Richard Crouse
For Metro Canada

Swiss Army Man, the story of a marooned man and his dead buddy's journey back to civilization is a tale of friendship and what it means to be alive, — really and truly alive.

The easy thing would be to describe the new Daniel Radcliffe, Paul Dano two-hander as Cast Away meets Weekend at Bernie's, but that doesn't grab the poetic essence of what the film is trying to achieve.

"We make our movies for ourselves and we wanted to surprise ourselves into learning something and feeling something," says Dan Kwan, the film's co-director and co-writer.

Kwan is half of Daniels, his directing collective with partner Daniel Scheinert. The duo came up with the idea for Swiss Army Man after directing a series of innovative, internet-breaking music videos like DJ Snake and Lil' Jon's Turn Down for What (35 million views and counting).

"We've been working together since 2009 and kind of discovered this movie as much as we wrote it," says Scheinert. "We have very different filmmaking processes but very similar tastes. As we work together certain stories started to reveal themselves.

"It's kind of autobiographical about the two of us. That's a joke answer but it is also kind of true. Certain jokes would make us both laugh. Somewhere in that stew of us becoming friends a movie about two guys becoming friends came out. The signature image of a man riding a corpse's farts across the ocean came out somewhere in there. The relationships with all the crew that made this movie also inspired the movie. We met our DP and our production designer and wrote a movie that played to their strengths."

> **The overall meta joke was, let's make a farting corpse movie but let's make the most personal movie we can.**
> Dan Kwan, co-director and co-writer

With a premise Monty Python might have rejected as too silly, Swiss Army Man uses the relationship between its characters to shed light on everything from stifled machismo and loyalty, to unrequited love and the need for compassion.

"The overall meta joke was, let's make a farting corpse movie but let's make the most personal movie we can," says Kwan. "If people are connecting to it they're connecting to us pouring a lot of ourselves into it."

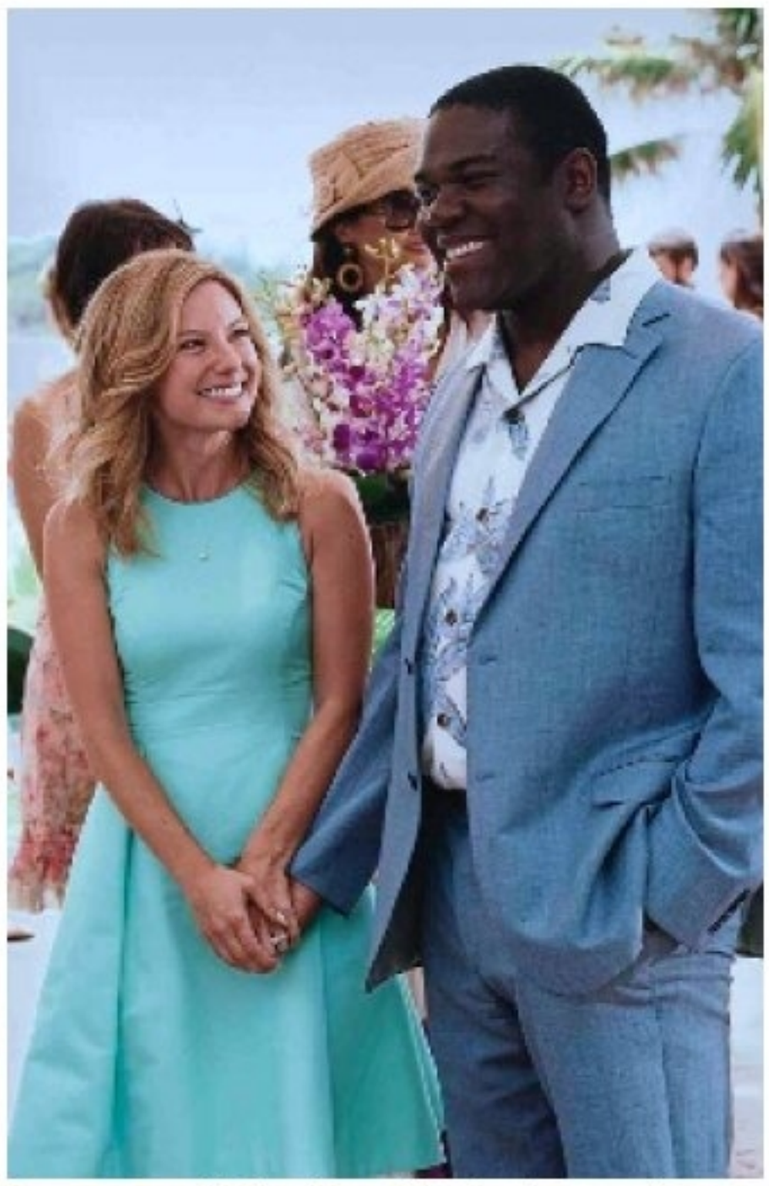
"Dan keeps saying this movie breeds a strange kind of empathy," adds Scheinert. "One of the goals was to tell the most unlikely love story. We knew Farting Corpse and Daniel Radcliffe would be viral. Cool, but if we can make you really care about that farting corpse, what a cool achievement. If we can do that, what can't you care about?

"You can walk out of the theatre and it will be real hard for you to find someone you can't empathize with once you have just fallen in love with a farting corpse," Scheinert says.

Reviews have ranged from rapturous ("Hilarious, de-ranged, and always alive with possibility.") to rotten ("ridiculously infantile") but the Daniels are unfazed by the reaction.

"Even some of the bad reviews were sweet and complimentary," says Scheinert. Mostly they just want people to see the film.

"I hope people go to a theatre and watch it with strangers because even if they hate it they'll have a really memorable experience."



Sugar Lyn Beard, left, and Sam Richardson in a scene from Mike and Dave Need a Wedding Date. CONTRIBUTED

Canuck star Sugar finally gets her sweet ending

FILM

Ex YTV regular in Mike and Dave Need a Wedding Date

Steve Gow
For Metro Canada

The odds of making it as an actor in Hollywood are staggering. And with a dearth of roles for women, it's even harder for actresses. But Sugar Lyn Beard beat the odds.

In 2008, the one-time television host abandoned a cozy gig at YTV to take on Tinseltown. Now with a critically-praised part in the new comedy Mike and Dave Need Wedding Dates, she's not only landed a starring role (opposite Zac Efron), she's stealing scenes.

"Until I actually became really close to booking the part, I didn't even read the whole movie," laughed the squeaky-voiced Scarborough-native about Jeanie, the put-upon bride/sister of two brothers who place an online ad to attract companions for the ceremony. "I've been out here a long time and you learn to cope with auditioning; I got to the point where I was realistic about what was a possibility for me (but) with Jeanie, I understood who she was immediately."

Beard may have identified with the high-strung bride but what she didn't initially realize was that her funniest sequence involved a raunchy erotic bum-on-bum massage — a cinematic spectacle that even lead veteran critic Pete Hammond to offer a special "shout-out to Beard, who is really game for anything."

> **With Jeanie, I understood who she was immediately.**
> Sugar Lyn Beard on her character

"I can't tell you how comfortable and fun it was," insisted Beard, who admits nudity and comedy naturally intertwine. "Although by the end of the day, the studio felt so bad for me, they paid for an actual massage with a real professional to make up for the ass-job that I got."

After several years coveting minor roles in movies like Aloha and TV series like Weeds, Beard deserved that studio spa day, even as she anticipates her bright future with upcoming animated comedy Sausage Party and a series she's developing with Seth Rogen. Perhaps more so, she's proud her star is finally on the rise — a dream she never let go.

"I'm not going anywhere," stated Beard, offering a bit of advice to Canadian actors thinking of heading to Hollywood.

"We have the best place to go back to and if you want to chase your dream out here, it's so important to always remind yourself that the alternative is amazing."

EXTRAS

Canadians connect in Hollywood
"There's no question that the minute somebody is identified as a Canadian in a group of people, we all just melt down a bit with joy," said Beard. "We support and love each other through the journey."

What goes around comes around
"I've been out here for so long," said Beard of her eight-year journey in Hollywood. "(Now) I'm surprising a lot of people doing stuff that I learned back in the day in Canada on YTV."

Who is Sugar Lyn Beard?
Best known as longtime host on YTV Canada's "The Zone", Beard's recognizable voice has been featured in over 30 animated series.

MOVIES

Mortensen steps into dad shoes in new film Captain Fantastic

In Captain Fantastic, Viggo Mortensen plays one of the all-time great movie dads. Holed away in a remote Pacific Northwest teepee, he's raising six children like a bookish, yoga-practicing Swiss Family Robinson. The children, well-behaved and smart, are equally adept at skinning a deer and reading The Brothers Karamazov by the campfire. They pine after boning knives like most kids do iPhones.

Captain Fantastic, a hit on the festival circuit, has resonated for audiences as a movie for its time: a heartfelt and comic exploration about whether our hyper-digital, cacophonous lives have strayed from more elemental things.

> **I like to bring objects, ideas. And I like to work with directors who aren't threatened by that. It's just my process and it helps me.**
> Viggo Mortensen on how he prepares for roles

"It feels like one of those movies that has connected with something related to U.S. society right now," Mortensen said while smoking a cigarette on a rooftop patio after the film played at the Cannes Film Festival in May. "People get bewildered and think: 'I can't do that. I'm not going to skin a f—ing deer.' But there are other things you can do."

The film is the second directing feature for Matt Ross, a veteran actor known to many as Gavin Belson on HBO's Silicon Valley. In Captain Fantastic, the idyll of the family's off-the-grid existence is challenged when their mother dies. A bus trip to her New Mexico parents (long critics of their lifestyle choices) confronts the kids with consumerist American life and teases out questions about their highly educated but socially removed upbringing. Should 8-year-olds really be climbing rock faces?

Ross acknowledges there are some autobiographical aspects to the tale. His mother, he says, was "a seeker" and he grew up partly in alternative living communities. ("They were hippie communes but they weren't really hippie communes because it was the '80s," he jokes.) He has lived in a teepee in the summer and does, like his fictional family, celebrate Noam Chomsky Day. ("He's my hero," he says.)

But the film, which opens Friday, mostly came out of Ross's own parenting. He and his wife, who live in Berkeley, Cali., have a 13-year-old daughter and 9-year-old son.

"I had a lot of questions about being a father and a parent, and I wanted to contextualize it or dramatize it," says Ross. "And I was sort of butting up against our culture and who we are as a country."

For the shoot in Washington, Ross had his cast come out two weeks early to help build the family's home.

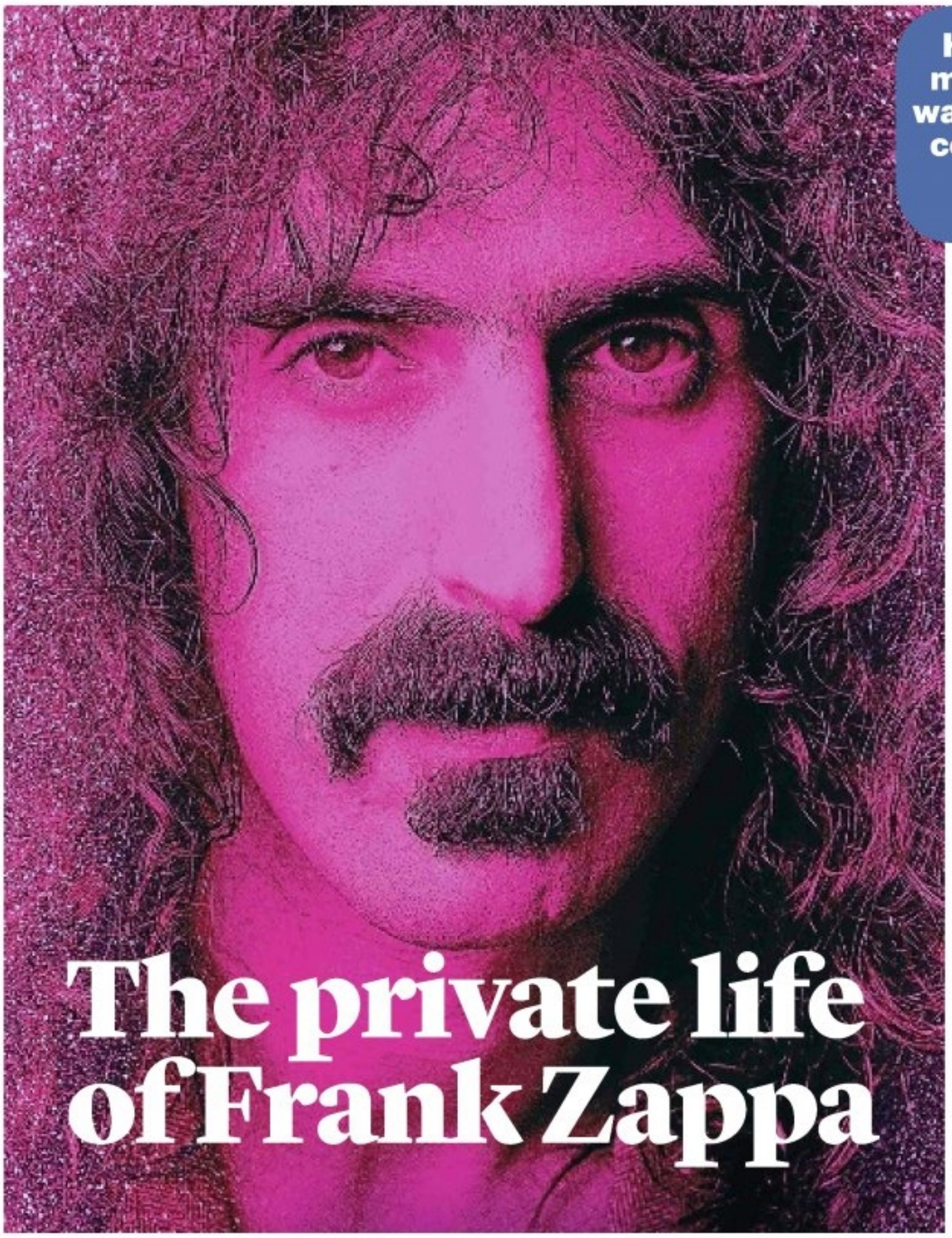
"There were many things on some scale I had to learn for this," says Mortensen. "I'm not that kind of parent. I don't have his way of reasoning. But I do connect to certain things and approve of other things. I was very happy to be in the woods."

THE ASSOCIATED PRESS

DOCUMENTARY

Daughter brings iconoclastic musician to life

Richard Crouse
For Metro Canada



The private life of Frank Zappa

He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour.
Moon Zappa

Moon Zappa, daughter of the late, great musician Frank Zappa, says: "Growing up I hated sharing him with the fans."

Or anybody else it seems.

"I once brought him to show-and-tell when I was in third grade," she says. "I was so excited to share my dad with the class. Then he spent the whole time tickling all the other children. I was furious but they loved it."

Maturity has brought a different perspective, and now the 48-year-old is sharing her life and her iconoclastic father with the world as she helps promote a new documentary that covers his creative life and times. Eat That Question: Frank Zappa In His Own Words uses a collection of archival interviews and television clips to paint a word portrait of Zappa sans any context, voice-over or other documentary tricks.

"He did speak to the underdogs and he did illuminate many minds," says Moon. "You have a little taste of him and you want more. You want to have him all to yourself and I certainly had that feeling. Now I like sharing those stories but at the time I thought I really want him all to myself."

By the end of Eat That Question's running time, a picture has been painted of a man who self-describes himself as a freak and a conservative, a family man and an out-of-the-box musician who played by his own rules.

"He definitely had a regular life," says Moon, the oldest of four Zappa kids. "He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour and who couldn't really have a confrontational conversation. He always struck me as a Sicilian patriarchal kind of parent. As an adult I went, 'Of course that is ridiculous. Of course he had this other life.'

"For example, I knew he had cheated a few times, but I didn't realize the magnitude of the cheating. From one perspective it's a fantastic rock 'n' roll perk, but for a daughter it feels pretty crappy to have a cheater dad. That is something I am reconciling. I also have tremendous respect for him but it's all so confusing."

Moon, formerly known as Moon Unit, tasted her father's fame as the "grody to the max" vocalist of Frank's Top 40 hit Valley Girl, but says she craved a normal life.

"I longed for structure," she says. "When I saw John Hughes films I was, 'Wait! People sit at a dinner table? Wait! People say sorry?' Even to this day when I see somebody with a sweater draped over their shoulders, or a loafer or an exposed ankle, I'm like, 'That is so exotic.' I think if I had grown up in the repression my father encountered I would also have put two rocket boosters on my back, but growing up like that was too much. It was like fastball pitches every single minute." The elder Zappa was a complex man, but Moon says Eat That Question "is exactly how I wish the world could perceive him."

"This one for me really tells the story of my father answering his calling and the stamina required to see a dream through. That is a human story. That's why I think his story connects on a human level. It's universal."

LGBTQ DOCUMENTARY

Salvation and The Pearl of Africa

As a young transgender woman in Uganda, Cleopatra Kambugu found herself at risk simply for seeking to live life as her authentic self. The East African country is notorious for anti-LGBTQ laws which criminalize same-sex relations. After Kambugu was outed by a tabloid, she went into hiding, relying on her family to bring food and supplies.

After leaving Uganda for Kenya with her partner, Nelson, the LGBTQ activist found new freedom through film. "I felt this was my last hope to be able to give back to the community by being able to (use) my voice," Kambugu said in an interview for The Pearl of Africa which screened during the HotDocs Festival in Toronto.

"It was also safer because I wasn't in Uganda anymore. I was staying in Nairobi. So it was safer for me to proceed with the movie." Kambugu said she had long discussions with filmmaker Jonny von Wallstrom about ensuring there were "different layers and nuances" of how the story was told. "I guess one thing that's never talked about is the apathy and the violence that men or women who date transgender people face. They're also part of the transition."

In addition to reflecting the difficulties faced by the queer community, von Wallstrom said he also wanted to reflect the universality of Kambugu's experience. "I think it's strange that this is only looked upon as a trans story. This is so much more than that. It is also about being black and it's also about being human," he added, noting that the "universal love story" at the centre of the film also resonates.

The Pearl of Africa arrives on screens at a time where trans rights remain a prominent point of discussion and contention.

The Pentagon has announced transgender people will be allowed to serve openly in the U.S. military. Meanwhile, in North Carolina, battle lines continue to be drawn over bathrooms with protests over state law widely seen as discriminatory to LGBTQ people. The law states that transgender people must use bathrooms corresponding with the gender on their birth certificate in government buildings as well as in public schools and universities.

In May, the Obama administration told public schools across the U.S. that transgender students should be allowed to use bathrooms and locker rooms that match their gender identity.

"We didn't know four years ago when we started that it would become such an important national topic. And it's really great to see all of a sudden it has become much more relevant," said co-director Jessica Dimmock.

THE CANADIAN PRESS WITH FILES FROM THE ASSOCIATED PRESS

Cleopatra Kambugu with her boyfriend Nelson in Toronto promoting the documentary The Pearl of Africa. THE CANADIAN PRESS

Nothing beats gelato on a hot summer day

Get out of the heat and cool down with some refreshing gelato.

G.G. Gelati makes their gelato fresh every day. There are many, many flavours to choose from like strawberry, raspberry, mango, pistachio, chocolate, and cookie dough. There's a gelato flavour to appeal to everyone — the only problem is picking one.

G.G. Gelati is located at heart of Corydon Avenue. They have a big indoor dining area to take a break from the summer sun, or a patio where you can sit back and enjoy gelato in the shade.

G.G. Gelati was established in 1995 by Italian family who know how to make the tastiest, most refreshing gelato.

They have been in business for years to provide delicious iced treats for the community. They also sell milkshakes, many cold beverages and mouth-watering desserts too.

The gelato and sorbetto are fresh and

CONTRIBUTED

handmade daily, right in the shop with premium ingredients.

G.G. Gelati also takes their treats on the road with their trailer. They participate at several community events and their trailer can also be found at farmers' markets, Assiniboine Park and other great spots.

When it's a hot day, nothing is better than gelato. It's lower in fat and has fewer calories than ice cream, plus the taste of gelato is more intense.

Pop into G.G. Gelati at 705 Corydon Ave. today to meet the friendly staff and find your next favourite flavour.

'We have spent the past couple of months touring the world of taste'

Culinary students at Patal International College get the best of all worlds

Students benefit from small class sizes, in-depth theory work, outside experiences, and hands-on kitchen work with Red Seal instructors. Their kitchen time is spent on a large variety of cuisines.

"We have spent the past couple of months touring the world of taste," says chef Chrissie Cooke. "With our Asian Experience we made homemade udon noodles, sushi, and gyoza from Japan."

Students also tried their hand at making lumpia and pancit from the Philippines, and sweet potato curry and chickpea fry bread from India.

Then they jumped on their culinary plane and headed to Europe. Here students made dishes like arancini, butternut squash ravioli and raspberry semifreddo from Italy.

But that was hardly all. Students also crafted sweets like baklava and ginger spice cake from Greece and macaroons and meringues from France. This kind of variety plus the one-on-one teaching opportunities allow Patal students to learn in ways they never thought of while furthering their culinary careers.

CONTRIBUTED

Since 1986 Patal has provided courses and programs in high-demand fields and has won many awards over the years. Their fast-paced 39-week Culinary Arts program meets industry standards, is level one apprenticeship accredited and provides on-the-job training to function in a fast-paced cooking environment. The learning curve is steep, but the skills learned are essential to any position in the culinary field.

metro TRAVEL
Your essential daily news

Robert De Niro, fan of the Catskills, gets behind boosting tourism with N.Y. governor

5 WAYS TO GET YOUR EUROPE FIX IN CANADA

Can't travel across the pond this summer? Whether you're craving nature, culture or old-world charm, it's possible to find a slice of Europe right here on Canadian soil. Here are six options for your next 'European' vacation.

VAWN HIMMELSBACH/FOR METRO

Stratford-upon-Avon?

Then head to: Stratford, Ont.
Both are known for: Shakespearean theatre scene
Europe: Picturesque Stratford-upon-Avon, set in England's Warwickshire countryside on the banks of the River Avon, is the birthplace of playwright William Shakespeare. Hundreds of years later, it retains this legacy with the Royal Shakespeare Theatre.
Canada: Stratford was named after Shakespeare's birthplace and it's become a well-known arts hub. From April to October, it hosts the annual Stratford Festival, celebrating Shakespearean classics and new works from Canadian playwrights. Plus, it's a pretty town with well-preserved 19th-century architecture, set alongside its very own Avon River.

TORSTAR

Helsinki?

Then head to: Thunder Bay, Ont.
Both are known for: Rugged wilderness, midnight sun and saunas
Europe: Finland is a densely forested country, with long, dark winters and round-the-clock sunshine in summer — and an estimated 2 million saunas.
Canada: Like Helsinki, Thunder Bay is surrounded by rugged wilderness — it's one of the reasons why Finns started settling here in the 1870s. It's now considered one of the largest settlements of Finns outside of Finland, where you'll find a Finn Festival. Head to the Hoito, a legendary Finnish restaurant for Finnish pancakes.

TORSTAR

ISTOCK

Paris?

Then head to: Quebec City
Both are known for: French culture
Europe: Paris is a cultural mecca, known for its art, fashion and cuisine. It's also home to cultural icons such as the Eiffel Tower, Louvre and Notre Dame Cathedral.
Canada: Language isn't the only similarity between these two cities. Quebec City has more than 400 years of history, earning it a place on UNESCO's world heritage list. Wander the narrow cobblestone streets lined with cafes, bistros and shops, with the smell of crepes wafting through the air, and you'll be transported to the Left Bank. Quebec City even has its own Seine (the St. Lawrence River) and Notre Dame Basilica.

Budapest?

Then head to: The Canadian Rockies
Both are known for: Natural therapeutic waters
Europe: Budapest is often referred to as "the city of baths," with more than 120 hot springs and a rich spa heritage dating back to Roman times. One of its most renowned public bathhouses is Szechenyo Baths, set in a palatial complex with thermal sitting pools.
Canada: The Canadian Rockies don't look much like Pest, but they're brimming with thermal hot springs and spa culture. Take to the waters at Banff Upper Hot Springs, where you can soak in soothing mineral water against a backdrop of alpine scenery. Miette Hot Springs, in Alberta's Jasper National Park, features the hottest mineral springs in the Rockies, ideal after a day of hiking. And Radium Hot Springs in B.C.'s Kootenay National Park offers expansive hot springs.

TORSTAR

Scotland?

Then head to: The Okanagan
Both are known for: lake monsters
Europe: Loch Ness is a large, deep loch in the Scottish Highlands — so deep, in fact, that its resident lake monster, Nessie, has managed to elude tourists and locals alike for decades.
Canada: While the Okanagan is more desert than highlands, it has its own lake monster. Even if you don't have any luck spotting the multi-humped Ogopogo, Lake Okanagan is a summer paradise.

ISTOCK

BLOWOUT SALE!
UP TO 50% OFF[1]
Book by July 10
Air, Hotel & Transfers (via Toronto)
Cayo Santa Maria (Santa Clara) | CUBA
Meliá Las Dunas ★★★★½
All-Inclusive • Classic rm • August 5, 12, 19 & 26 • 1 wk
1 CHILD STAYS & EATS FREE[2]
$649 + $387 taxes & other fees
Holguin | CUBA
Paradisus Rio de Oro Resort & Spa ★★★★★ PRIVILEGES
All-Inclusive • Paradisus junior suite
August 3 & 5 • 1 wk • UP TO $1,000 RESORT CREDIT[2]
Adults only (18+)
$899 + $387 taxes & other fees
AIR CANADA VACATIONS 35
Call 1 877 236-6228 or your travel agent
aircanadavacations.com
aeroplan EARN & REDEEM 1,000s of Aeroplan® Miles
MELIÃ HOTELS INTERNATIONAL CUBA
Meliá Las Dunas
CONNECT FREE[3] Regina • Saskatoon
All travellers - foreign and Cubans living abroad - must have a medical insurance policy when travelling to Cuba. Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on July 8, 2016, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from James Armstrong Richardson International Airport in Winnipeg in Economy class and include surcharges. Non-refundable. Limited quantity and subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult www.aircanadavacations.com. ■ [1]Minimum 7-night stay required. Valid for departures between June 13 and October 31, 2016. [2]Conditions apply. Details at aircanadavacations.com. [3]Available in conjunction with flight-inclusive packages. Non-stop flights via Winnipeg. Excluding USA & Europe destinations. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.

metro SPORTS

"Little shy kid from Chicago came from Milwaukee to Miami and really grew up": Dwyane Wade on Live with Kelly after announcing he'll join the Bulls

Griez'y does it

EURO 2016
SEMIFINALS

France forward puts two past Neuer to send hosts to final

Antoine Griezmann scored twice as France beat world champion Germany 2-0 on Thursday to line up a European Championship final against Portugal.

Griezmann put France in front from the penalty spot in stoppage time at the end of the first half and then took full advantage of a German defensive blunder to score his second with a calm finish in the 72nd minute.

France reached its first final for a decade and is chasing its first major trophy since Euro 2000. Germany missed its chance to add the European title to the World Cup it won in 2014. Griezmann has now scored six goals at Euro 2016 — twice as many as any other player at the tournament — and could have completed a hat trick on a break in the 86th but shot straight at goalkeeper Manuel Neuer.

"We're very happy," Griezmann said. "We have to keep our feet on the ground. We still have a match to go."

Germany had gone 50 years unbeaten against host nations at major tournaments, dating back to its loss to England in the 1966 World Cup final and encompassing a famous 7-1 humbling of Brazil in the 2014 World Cup semi-finals.

While a repeat of the Brazil rout was never on the cards, Germany could have scored more than once as it dominated the first half. But it was denied by poor shooting from Thomas Mueller, who ended his tournament scoreless, and a save by Hugo Lloris to block Emre Can's bouncing shot.

France took the lead from the penalty spot after Bastian Schweinsteiger handled the ball in an aerial challenge with Patrice Evra.

Griezmann stepped up to score, striking the penalty hard to Neuer's right.

"I really wanted to take a penalty in a big match like that. I was very composed, I didn't think twice," Griezmann said.

It was the second time in as many games that Germany had given away a spot-kick for handball. Jerome Boateng blocked the ball with an arm above his head in the quarter-final against Italy.

"It's just bad luck, just an unlucky action," Germany coach Joachim Loew said of the penalty. "In a challenge, when you're jumping, there are movements that you can't really control."

Trailing in a match for the first time in the tournament, Germany could not recover its previous dominance after half-time. It then had to cope with losing key defender Boateng, who picked up an ankle injury after an hour.

The German defence had not conceded from open play all tournament, but it fell apart for Griezmann's second goal in the 72nd minute. A sluggish pass by Benedikt Hoewedes to right back Joshua Kimmich was cut out by Paul Pogba and Neuer could only palm away the midfielder's cross to Griezmann, who finished with ease.

THE ASSOCIATED PRESS

PATRIK STOLLARZ/AFP/GETTY IMAGES

> I really wanted to take a penalty in a big match like that. I was very composed, I didn't think twice. Antoine Griezmann

JUNE 18 In Paris
Port. 0, Austria 0
JUNE 25 In Lens
Port. 1, Croatia 0
JULY 6 In Lyon
Port. 2, Wales 0
JULY 7 In Marseille
Fra. 2, Germany 0
JUNE 26 In Lyon
Fra. 2, Rep. of Ire. 1
JUNE 15 In Marseille
Fra. 2, Albania 0
JUNE 14 In Saint-Etienne
Port. 1, Iceland 1
JUNE 22 In Lyon
Port. 3, Hungary 3
JUNE 30 In Marseille
Port. 1, Poland 1
(5) Shootout (3)
PATHS to PARIS
JULY 3 In Saint-Denis
Fra. 5, Iceland 2
JUNE 19 In Lille
Fra. 0, Switz. 0
JUNE 10 In Saint-Denis
Fra. 2, Romania 1

NHL

Perreault re-ups to stay in Winnipeg

The Winnipeg Jets have signed forward Mathieu Perreault to a four-year contract extension with worth an average annual value of $4.125 million US.

The Jets announced the signing Thursday, and say the new deal will start in the 2017-18 season.

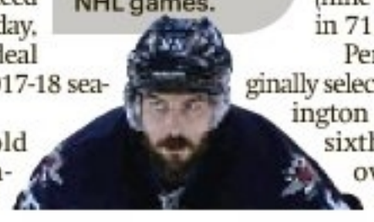
The 28-year-old Perreault is entering his third season with the Jets after signing a three-year deal as a free agent in 2014. Last season, the native of Drummondville, Que., had 41 points (nine goals, 32 assists) in 71 games.

Perreault was originally selected by the Washington Capitals in the sixth-round, 177th overall in 2006.

THE CANADIAN PRESS

195

Perreault has 195 points (78 goals, 117 assists) in 361 NHL games.



IN BRIEF

Kluber steps in for Estrada on AL all-star team

Cleveland right-hander Corey Kluber will replace injured Toronto pitcher Marco Estrada on the American League roster for next week's MLB All-Star Game.

THE ASSOCIATED PRESS

Cards avoid Pirates sweep

Stephen Piscotty hit a three-run home run and Randal Grichuk also went deep to help the St. Louis Cardinals beat Pittsburgh 5-1 on Thursday to avoid a four-game sweep and end the Pirates' season-best seven-game winning streak.

THE ASSOCIATED PRESS

Cavendish coasts to stage victory in Tour de France

British sprinter Mark Cavendish easily won the sixth stage of the Tour de France in a mass finish on Thursday.

It was Cavendish's third stage win of this Tour, his 29th overall. Greg van Avermaet kept the yellow jersey.

THE ASSOCIATED PRESS

WIMBLEDON

Venus falls short of all-Williams final

Venus Williams' deepest Grand Slam run in a half-dozen years ended one victory short of what would have been yet another Wimbledon title match against her sister Serena.

Venus was broken in her first four service games Thursday and lost to No. 4-seeded Angelique Kerber 6-4, 6-4.

The 36-year-old Venus was the oldest Slam semifinalist since Martina Navratilova was 37 at Wimbledon in 1994. Venus is a five-time champion at the grass-court tournament, but she hadn't made it this far since at Wimbledon since 2009, or at any major since the 2010 U.S. Open.

In control from start to finish in Thursday's first semi-final, Serena needed all of 48 minutes to overwhelm Elena Vesnina 6-2, 6-0 in what felt like a training session.

In men's action Friday, Canada's Milos Raonic will take on Roger Federer in the semi-finals. THE ASSOCIATED PRESS

ASD
Assiniboia Downs
GAMING & EVENT CENTRE

Friday & Saturday
Parade to post 7:15 p.m.

BEST BETS THIS WEEKEND!

Fri. July 8	Sat. July 9
Race 6	Race 7
#8 Swiss Idol	#1 Continue

From ASD racing expert

LONGSHOTS TO LOOK OUT FOR!

Fri. July 8	Sat. July 9
Race 8	Race 2
#10 Arlene's Quest	#6 Another River Song

From ASD racing expert

Visit ASDowns.com for "Secrets to Playing the Races" or visit the Fan Information Kiosk on race days to learn more about racing!

ASDowns.com

Jon Jones speaks during a news conference on Thursday in Las Vegas. ETHAN MILLER/GETTY IMAGES

Jones denies PED use after testing positive

UFC

Interim light heavyweight champ could face long ban

Jon Jones struggled for words while his tears flowed. Frustration and fear were evident on his face.

Although the man widely recognized as the world's most talented mixed martial artist denied using any performance-enhancing substances, he couldn't explain the positive drug test that knocked him out of UFC 200's main event and threw his tumultuous career into crisis again.

The UFC interim light heavyweight champion repeatedly cried at a hastily arranged news conference Thursday, a day after his rematch with Daniel Cormier was cancelled.

"I would never take anything that would enhance my game," Jones said. "Being labelled as someone who would ever cheat, it hurts me more than anything I've ever been through in my career."

Jones' manager, Malki Kawa, said the fighter was informed of a possible PED violation by USADA, which administers the UFC's anti-drug policy. They hoped to get the results of a test of Jones' backup sample later Thursday, although they have little hope the result will change.

If the positive test is confirmed, Jones could face a multiyear suspension. Jones and Kawa declined to name the substance for which Jones was flagged, although Kawa said it "could be" related to a nutritional supplement.

Jones said he "can't even pronounce it. I've never even heard of it."

> **I know some good will come from this, but right now it's hard to see it.**
> Jon Jones

Jones said he has been taking the same supplements for most of his career, and he has no idea why he failed last month's test after passing seven doping tests this year. Although Jones had endured numerous public embarrassments over his apparent use of recreational drugs, he has been a vocal opponent of performance-enhancing substances in MMA.

"You can say whatever you want about Jon over the years," Kawa said. "For the last year, he's done nothing but try his best to live his life right, to eat right, to do the right things, and obviously not to be in this type of predicament. ... He didn't cheat at all."

USADA spokesman Ryan Madden confirmed the potential violation stemmed from an out-of-competition test on June 16.

"Mr. Jones' B-sample is currently being analyzed by the independent WADA-accredited laboratory in Salt Lake City, Utah," Madden said. "We have requested that the laboratory report those results to us as soon as possible."

No matter the results of the second test, Brock Lesnar's heavyweight bout with knockout artist Mark Hunt is UFC 200's new main event.

THE ASSOCIATED PRESS

McGregor volunteers to fight Cormier

After Jon Jones' failed doping test threw UFC 200 into turmoil, Conor McGregor realized the UFC needed a last-minute opponent for light heavyweight champion Daniel Cormier.

McGregor might be a featherweight fighting at welterweight these days, but his confidence knows no poundage.

"I'm here, and I'm in shape," McGregor said Thursday. "All they have to do is ask."

McGregor's self-belief appears to be unruffled after his 15-fight winning streak ended with a stunning loss to Nate Diaz in March. The fighters traded their usual trash talk and posturing when they made their first joint appearance to promote their rematch at UFC 202 on Aug. 20 at Las Vegas' new T-Mobile Arena.

Conor McGregor, left, and Nate Diaz GETTY IMAGES

McGregor (19-3) only jokingly volunteered to fight at UFC 200, but made it clear he's serious about avenging his loss to Diaz (19-10) and reasserting his position atop the promotion's hierarchy. McGregor even referred to the widespread rumours of the UFC's impending sale to an investment conglomerate by claiming he was the main reason behind it all.

"The reason there's a $4.2-billion price tag on this company is because of me," McGregor said. "The Chinese estimate my net worth at $4.2 billion."

Diaz beat McGregor by submission in the second round at UFC 196 in a short-notice welterweight bout, stalling the rapid rise of the UFC's loquacious Irish 145-pound champion. THE ASSOCIATED PRESS

RECIPE Fried Egg Sandwich with Avocado Basil Spread

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The delicious avocado spread elevates this simple fried egg sammie to something special, which is what you deserve on a Friday night.

Ready in
Prep time: 5 minutes
Cook time: 5 minutes

Ingredients
- 1/2 avocado
- 5 basil leaves, torn into pieces
- 1 teaspoon lemon juice
- butter for pan
- 2 eggs
- salt and pepper
- 4 slices bread
- 1./4 cup shaved Monterey jack cheese

Directions

1. In a small bowl, mix avocado until smooth. Stir in the lemon juice and pieces of basil. Set aside. Toast four slices of bread in a toaster oven or toaster. Remove and let cool.

2. Spread two slices with avocado mixture. Set aside.

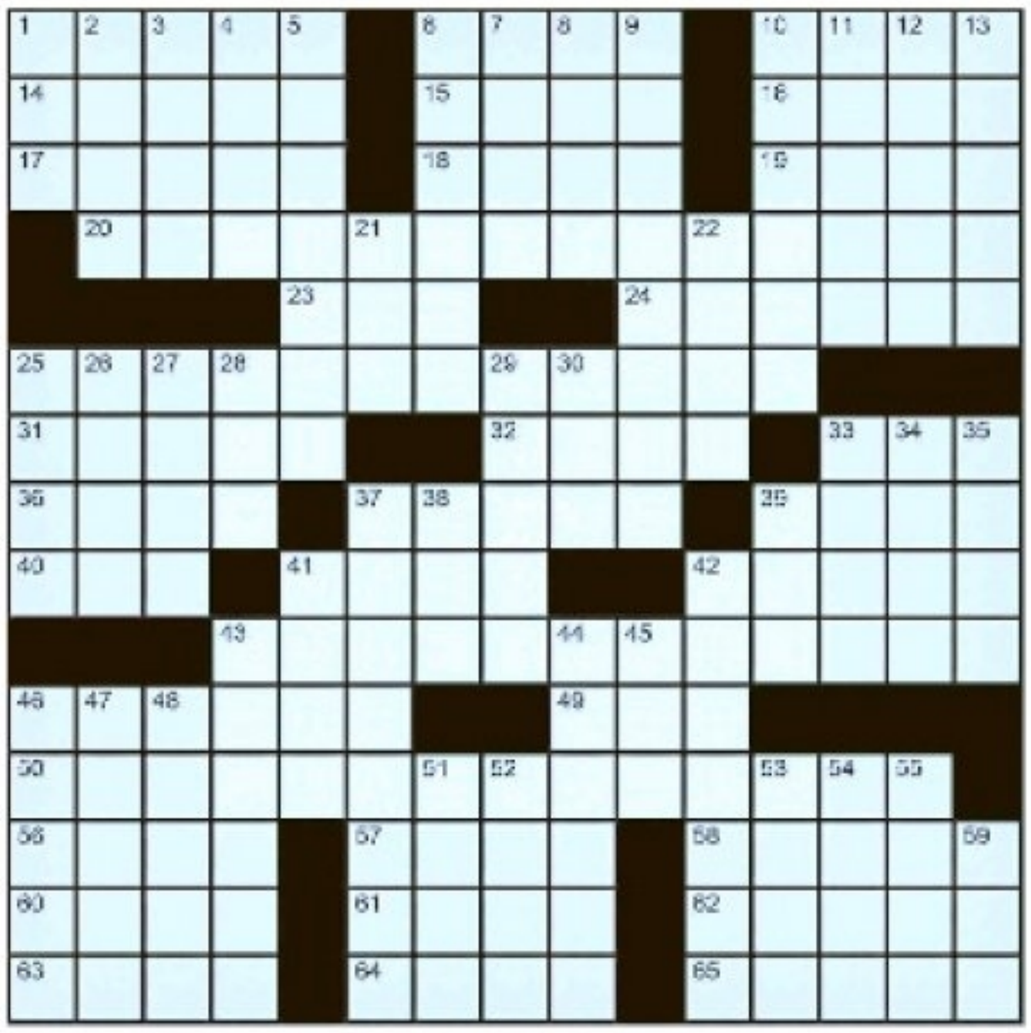
3. Warm a skillet over medium heat. Add 1 to 2 teaspoons of butter and melt. Crack the eggs into the pan and season with salt and pepper. Cook until whites are nearly set then gently flip eggs. Allow to cook another minute and then remove from pan, placing one on each slice of bread without avocado spread.

4. Sprinkle the warm egg with cheese. Top with the slice of bread that has the avocado spread. Cut and serve warm and runny.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Some choral voices
6. __-spa (Day-of-beauty destination)
10. First word in a pageant winner's title
14. Comb's one-of-some
15. Shakespeare's river
16. British comic actor Eric
17. Donny's showbiz sidekick/sister
18. Loaned
19. Horseriding strap
20. Bacteria and fungi
23. Triumph
24. Style of beard
25. The Mosasaur, a prehistoric marine reptile, is Manitoba's official what?: 2 wds.
31. Altercation
32. Sacred bird in ancient Egypt
33. 1984 Cyndi Lauper hit: "__ Bop"
36. Mr. Stonestreet of "Modern Family"
37. Baccarat call
39. Out
40. Abbr. with the date on a been-around-a-long-time company's sign
41. "Remember (Walking in the __)" by The Shangri-Las
42. Dish
43. PEI's provincial flower: 2 wds.
46. The __ (Famous street in London, England)
49. Criticize
50. In the Meat Loaf tune "...there ain't no Coupe de Ville hiding at the bottom..." of a what?: 3 wds.
56. Pig's utterance
57. Barbarian
58. High wave
60. Libertine
61. Pedicure focus
62. Rob
63. Spot
64. __ Terrier (Scottish dog breed)
65. "__ seen his face before..." - The Beatles, "A Day in the Life"

DOWN
1. Li'l money dispenser
2. Garden centre purchase
3. "Nobody Love" singer Ms. Kelly
4. 'Hypn' suffix
5. Big name in paint, __-Williams
6. "Cheers" bartender Sam
7. At all?
8. Ding-__!
9. Etched plate printing process
10. Sister of Moses
11. That is, in Latin: 2 wds.
12. Green goo
13. Brains
21. Midnight __ (Australian band)
22. Denials/rejections, sometimes
25. Complimentary
26. Belonging to us
27. Annoyed mood
28. As written
29. Intellects
30. Telly-watcher's network
33. Give and take
34. Really, really don't like
35. Observer
37. Unrepaid loans: 2 wds.
38. "__ Day Now": 1962 Chuck Jackson hit
39. Austrian peak
41. What the Titanic famously did alas
42. Most rosy
43. Flunky
44. Slimly spread
45. __-Megantic, Quebec
46. Project for Francis Lai or John Williams
47. Peter, Paul and Mary ...and others
48. Accumulated, as a restaurant tab: 2 wds.
51. Chess piece
52. __ Potter, played by Katie Holmes on "Dawson's Creek"
53. Tub
54. Arch type
55. Medical lab picture
59. Antiquity

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a wonderful day to tackle home repairs or have important family discussions; on the whole, people are upbeat and positive. Nevertheless, a brief encounter with your boss might be another matter.

Taurus April 21 - May 21
Today you feel optimistic and hopeful for your future. This is good. Admittedly, responsibilities with children might be challenging.

Gemini May 22 - June 21
This is an excellent day for business and commerce. Look for ways to boost your income, because they exist. Meanwhile, be patient with Mom or an older female relative.

Cancer June 22 - July 23
Today you seem to be larger than life, which is why it's a good day to make overall plans for the future. Your mind is clear, sharp and ready for big ideas!

Leo July 24 - Aug. 23
This is an excellent day to do behind-the-scenes research, because you are in the right frame of mind. You believe you will find what you're looking for, which is why you will probably will!

Virgo Aug. 24 - Sept. 23
Group discussions and talks with clubs and associations will be positive today. Your enthusiasm will persuade others to endorse your ideas.

Libra Sept. 24 - Oct. 23
This is a strong day to talk to bosses, parents and authority figures. Don't listen to nagging second doubts that you privately might have. Just do it.

Scorpio Oct. 24 - Nov. 22
This is a great day to study something new. It's also a good day to make plans for publishing, the media, medicine and the law. Travel plans will be ambitious!

Sagittarius Nov. 23 - Dec. 21
Sit down with someone today to discuss shared property, inheritances, taxes and debt, because you will make strides in these areas. Everyone wants a win/win solution.

Capricorn Dec. 22 - Jan. 20
Relations with others are excellent today. People are interested in new information, because they are impressed with the power of positive thinking.

Aquarius Jan. 21 - Feb. 19
You will accomplish a lot at work today, because you are in a positive frame of mind. Briefly, you might be discouraged about budget restraints or shared equipment.

Pisces
Feb. 20 - March 20
This is a wonderful day for social occasions, the arts, sports events and playful times with children. Be patient with a partner, because a few glitches might arise.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	4			9			8	
					1			
9		8				6		5
	6		8		5			
1								6
			7		3		9	
7		6				2		9
			3					
	8			4			1	

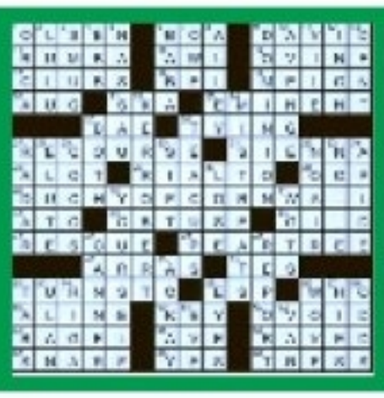
©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

THE HANDY POCKET VERSION!
Get the news as it happens
metro
Download the Metro News App today at metronews.ca/mobile

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



9	3	5	2	4	8	1	7	6
2	4	6	9	7	1	5	3	8
7	1	8	5	3	6	4	2	9
3	2	9	8	5	4	6	1	7
8	5	7	1	6	2	3	9	4
1	6	4	3	9	7	8	5	2
5	7	1	4	8	9	2	6	3
6	8	3	7	2	5	9	4	1
4	9	2	6	1	3	7	8	5

WHISPERING PINES

ADDICTION TREATMENT CENTRE

112 Beach Road East, Teulon, MB 204-886-3580

www.WhisperingPine.ca